

THE TRAINING SCHOOL

OF THE

LOS ANGELES INSTITUTE
FOR PSYCHOANALYSIS

1952

407 Commercial Center Street • Beverly Hills, California
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THE TRAINING SCHOOL

Los Angeles Institute for Psychoanalysis

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The Los Angeles Institute for Psychoanalysis is recognized by the American Psychoanalytic Association and is governed by the regulations prescribed in the "Standards for the Training of Physicians in Psychoanalysis of the American Psychoanalytic Association."

AIMS

The Los Angeles Institute for Psychoanalysis has four principal aims: first, to train physicians in the theory and practice of psychoanalysis; second, to continue investigation in the science of psychoanalysis; third, to disseminate knowledge of psychoanalysis in other branches of medicine and related fields; fourth, to serve the community—in matters of mental hygiene, in the treatment of the mentally ill, and by cooperation with other agencies.

THE TRAINING SCHOOL

REQUIREMENTS FOR ADMISSION:

1. ACADEMIC AND MEDICAL TRAINING:

The applicant for training in psychoanalysis must be a graduate of a Class A Medical School as defined by the American Medical Association or a foreign medical school of equivalent rating. In order to have his application considered, the applicant must have served creditably at least one year's internship in a Class A hospital approved by the American Medical Association or in a foreign hospital with equivalent rating.

2. PSYCHIATRIC TRAINING AND EXPERIENCE:

The applicant also must have had at least one year's full time work in a psychiatric hospital approved by the American Psychiatric Association and the American Medical Association before he may be accepted for training.

3. PERSONALITY, CHARACTER AND APTITUDE:

The applicant must satisfy the Education Committee of the Los Angeles Institute for Psychoanalysis as to the maturity of his personality, the integrity of his character, and his psychological aptitude before being admitted for training.

Evaluation of the applicant's suitability is based on interviews with the members of the Education Committee, which may be supplemented by additional studies and physical examinations as may be deemed necessary.

4. PLEDGE OF FAITH:

At the beginning of his training, the applicant must pledge himself in writing neither to conduct psychoanalytic treatment nor to represent himself as a psychoanalyst until he is authorized to do so by the Los Angeles Institute for Psychoanalysis or another recognized Institute.

5. STATE MEDICAL LICENSE:

No candidate shall begin his psychoanalytic training until he has acquired a license to practice medicine in the State of California.

THE TRAINING PROGRAM

The Training School of the Institute offers a complete program to physicians who desire to specialize in the practice of psychoanalysis. The training is divided into three parts:

1. Preparatory analysis, conducted by recognized training analysts;
2. Theoretical instruction, by means of lectures and seminars covering the theory and technique of psychoanalysis and its application to psychiatry and related fields;
3. Clinical work supervised by training analysts, consisting of (a) individual, regular consultations regarding the analyses of patients; (b) group conferences on patients in psychoanalytic treatment conducted by recognized training analysts.

In order to fulfill these requirements, a three-year period of training is regarded as the necessary minimum.

THE PREPARATORY (PERSONAL) ANALYSIS

1. The foundation of the training is the preparatory analysis of the candidate. The duration of the training analysis is left to the decision of the training analyst, depending upon the needs and progress of the candidate; usually this will require several years. It has been the experience of training analysts that four to six analytic sessions per week constitute the optimum condition for the continuity of analysis.
2. If a candidate discontinues his analysis prematurely, he may be given permission by the Education Committee, with the consent of the training analyst, to make a second attempt with another training analyst. If the second attempt is also unsatisfactory, the candidate's training is terminated. Similarly, if the training analyst considers the candidate unsuited for further analytic training or for practicing psychoanalysis, permission may be given by the Education Committee, with the consent of the training analyst, for the candidate to make a second attempt with another training analyst. The decision of the second training analyst will be final.
3. The candidate may select his training analyst from a list authorized by the Education Committee.
4. The establishment of status as a candidate in training will be finally determined only after a period of preparatory analysis. The final endorsement of a candidate's training and his acceptance as a recognized psychoanalyst depend upon the successful completion of his training in its several parts.
5. Any applicant who enters upon his analysis prior to his acceptance as a candidate in the Los Angeles Institute for Psychoanalysis does so on his own responsibility; and the Los Angeles Institute for Psychoanalysis is not thereby committed to admit him to training.

THEORETICAL INSTRUCTION

1. Theoretical instruction may begin when the candidate is so advised by his training analyst. The curriculum has been planned so that the theory of psychoanalysis is presented to the beginning student in a way which will enable him to acquire basic knowledge and understanding of the established scientific facts and theories. The presentation of hypotheses still under discussion is reserved for the later periods of training.

2. The candidate shall be required to attend lectures and seminars on psychoanalytic theory and technique and the application of psychoanalysis to allied fields.
The required theoretical courses shall cover as a minimum: Basic Concepts of Psychoanalysis, Psychopathology, Scientific Method, The Theory and Technique of Dream Interpretation, The Literature of Psychoanalysis, Psychoanalytic Technique, Clinical Seminars, Child Analysis and Applications of Psychoanalysis.

SUPERVISED CLINICAL WORK

1. The candidate may be authorized by the Education Committee to take the first patient for supervised psychoanalytic treatment when, in the opinion of his training analyst, he is ready for such work. He may be approved to take his second supervised case when the supervising analyst and the candidate's analyst agree that he is ready for this, and when the two supervising analysts and the training analyst agree that he is ready to take his third supervised case, this should be reported to the Education Committee and from this time on the candidate is permitted to accept patients for psychoanalysis.
2. The candidate may select his supervising analysts from the list of training analysts. In the first two cases, the analyst chosen to supervise the clinical work shall not be the candidate's own training analyst.
It is understood that the candidate will consult with the supervising psychoanalyst on the selection of a case suitable for his first therapeutic work prior to starting psychoanalytic treatment or offering it to the patient.
3. Before the completion of his analytic training, the student is required to conduct a minimum of three analyses under supervision. It is desirable that additional patients be treated under supervision, and that the analysis of at least one patient be carried through to completion.
4. The student is to have at least three supervising analysts and a minimum total of two hundred hours of supervision of analysis.

5. As a part of the training requirement the student must devote a minimum of three hundred hours without pay to the supervised treatment of at least one patient assigned to him by the Psychoanalytic Service of the Los Angeles Institute for Psychoanalysis. One hour of supervision per week per clinic patient will be provided by the supervising analyst without fee.
6. Clinical Conferences: a candidate must participate in not less than fifty clinical conferences. He shall make at least three presentations of clinical material from his own experience. Furthermore, the candidate shall continue to attend clinical conferences for the duration of his supervised work.
7. If the candidate's supervised clinical work is unsatisfactory, he may be advised by the Education Committee to seek further personal analysis. Repeated failure in supervised work terminates the candidate's training.

CREDITS FOR STUDIES BEGUN IN OTHER RECOGNIZED TRAINING INSTITUTES

A physician who applies for enrollment in the Los Angeles Institute in order to complete his psychoanalytic training which was begun in another recognized institute, must meet the requirements for admission of the Training School of the Los Angeles Institute for Psychoanalysis. He may receive credit for his preparatory analysis, for theoretical instruction or for both, provided that such work meets the minimal standards of this school. Irrespective of credit allowed by other training centers for supervised clinical work or for clinical conferences, he will be required to do clinical work under supervision in the Los Angeles Institute for Psychoanalysis and to attend clinical conferences until his instructors report to the Education Committee that his work is satisfactory.

A candidate who applies for transfer from another recognized psychoanalytic institute to the Los Angeles Institute for Psychoanalysis, shall as a rule have completed his personal analysis before his application for transfer can be considered.

GENERAL PROVISIONS

The Los Angeles Institute for Psychoanalysis reserves the right to terminate the student's connection with the Institute for reasons which in the judgment of the Education Committee render him unsuited to practice psychoanalysis.

PSYCHOANALYTIC SERVICE

The Institute established the Psychoanalytic Service of the Los Angeles Institute for Psychoanalysis on May 5, 1949, with the following purposes:

1. To assist in the training of candidates by providing suitable cases for supervised psychoanalysis.
2. To provide psychoanalytic treatment at low cost.
3. To provide research possibilities for analysts and candidates.

The student must devote a minimum of three hundred hours without pay to the psychoanalytic treatment of at least one patient assigned to him by the Psychoanalytic Service. The student will be provided with one hour of supervision per patient per week without fee by one of the training analysts.

EXTENSION DIVISION

The Extension Division of the Institute offers instruction in psychoanalytic theory and its applications for selected students who do not intend to use psychoanalysis therapeutically.

COURSES IN THE EXTENSION DIVISION

1. Lectures and seminars on psychoanalysis for psychiatrists.
2. Lectures and seminars for physicians, psychologists, psychiatric nurses, social workers, educators and other professional groups.
3. Lectures for the general public.

FEEES

Fees for training analysis and supervised analysis are arranged individually with the training analyst.

Fees for theoretical courses range from a minimum of \$10.00 to \$30.00 or more, depending upon the number of sessions in the courses.