LOS ANGELES PSYCHOANALYTIC SOCIETY Business Meeting

Time: Thursday, April 21, 1966, 7:30 p.m.

Place: 344 North Bedford Drive, Beverly Hills

Agenda

1. Minutes of the meeting of March 17, 1966

2. Membership Committee - Dr. Atkins:

Application for Active Membership of Dr. Richard Wonka

- 3. Announcements
- 4. New Business

Scientific Meeting

Time: Thursday, April 21, 1966, 8 p.m.

Place: 344 North Bedford Drive, Beverly Hills

Speaker: Peter L. Giovacchini, M. D.

Dr. Giovacchini is a member of the Chicago Psychoanalytic Society and has published a number of papers. One article, "Transference, Incorporation, and Synthesis," in the International Journal of Psychoanalysis, 1965, Part III, is particularly relevant to the paper to be presented to the Society.

Subject: "Frustration and Externalization"

In this paper Dr. Giovacchini discusses a particular group of patients suffering from a characterological defect with an adjustment to the outer world that incorporates failure. "They create an evironment that causes them to feel frustrated, but this still constitutes an adjustment. Frustration has become a way of life, one which their ego mechanisms can cope with. Insofar as they cannot master a benign environment, they construct one which is harsh and ungiving. The seeking of such an environment is highlighted in the analytic interaction. The patient feels frustrated because of the constant reliability of the analytic setting which refuses to frustrate him. The compensatory defense of creating a traumatic but familiar setting is referred to as externalization, which is distinguished from masochism and projection." A clinical example is presented, and there is a discussion of the therapeutic implications of the analyst's responses to this type of patient.

Copies of this paper are available in the Society office (\$1).

Discussants: Arthur Ourieff, M. D.
Ruth Barnard, M. D.
Pietro Castelnuovo-Tedesco, M. D.

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