

LOS ANGELES INSTITUTE FOR PSYCHOANALYSIS

Report of the Dean of the Training School

June 1, 1953 - June 1, 1957

The Education Committee, entrusted with the management of the Training School, met in regular, monthly sessions. In addition, there were four special meetings; two on Problems of Supervision, one to prepare a reply to the report of the American Psychoanalytic Association Survey Project Committee, and one to discuss the Philadelphia plan of psychoanalytic training and its admission procedure.

In the regular Education Committee meetings, much time and energy were devoted to the curriculum, the evaluation of applicants and candidates in training, graduation, cooperation with the Board on Professional Standards of the American Psychoanalytic Association, and to various operational procedures of the Training School. Regarding the last-mentioned, controversies were not at all rare, but some solutions, to the benefit of the training program, were reached.

Better than words, the following Tables (I and II) will reflect the development and progress of candidates in training. Decisions about formal training-status, graduation, inactive status and elimination of candidates were made by a majority vote of the Education Committee, but only after the principle of collective responsibility for such action had been fully recognized.

Thorough perusal of the tables will help toward an understanding of other parts of this report and the dynamic changes which have occurred during the past four years.

TABLE I

C E N S U S

	<u>6/1/53</u>	<u>6/1/54</u>	<u>6/1/55</u>	<u>6/1/56</u>	<u>6/1/57</u>
Applications on file, unprocessed:	--	--	--	--	11
of which, inactive (or delayed at applicant's request):	--	--	--	--	5
Number of accepted applicants:	15	16	15	13	6
Number of candidates in training:	42	42	40	41	34
No. pre-seminar candidates:	5	5	4	6	8
No. junior candidates:	9	9	7	6	5
No. intermediate candidates:	17	17	15	15	15
No. senior candidates:	11	11	14	14	6
Candidates on inactive status:	1	6	1	2	4
Number of Training Analysts:	9	9	9	11	13
Number of Supervising Analysts:	9	9	9	9	11
Number of Lecturers:	10	14	14	16	13

Preseminar candidates have entered into didactic analysis, but do not yet attend courses and seminars.

Junior candidates attend courses, but do not yet conduct psychoanalysis.

Intermediate candidates are doing psychoanalyses under supervision.

Senior candidates are authorized to conduct some psychoanalyses unsupervised.

TABLE II

TRANSITION IN STATUS OF CANDIDATES

	<u>1953-54</u>	<u>1954-55</u>	<u>1955-56</u>	<u>1956-57</u>
Didactic analysis begun	4	4 (incl. 1 transfer)	6	9 (incl. 1 transfer cand.)
Graduated	2	1	4	13
Placed on "inactive" status	2	3	None	4
Reinstated in training	None	None	None	1
Training discontinued without graduation	2	3	1	1
(Deceased)		1		

1. FACULTY:

Through the tragic and sudden death of Dr. Lincoln Rahman on August 11, 1956, the Training School lost a beloved and highly valued Lecturer.

The following members of the Institute were appointed to conduct didactic psychoanalysis:

Herbert I. Kupper, M.D.	- - - -	6/22/55
Richard D. Evans, M.D.	- - - -	8/11/55
Leo Rangell, M.D.	- - - -	12/13/56
Lawrence J. Friedman, M.D.	- - -	1/10/57

and, to conduct Supervision of Psychoanalysis:

Ivan A. McGuire, M.D.	- - - -	10/12/53
Herbert I. Kupper, M.D.	- - - -	10/22/56
Richard D. Evans, M.D.	- - - -	10/22/56

The teaching staff was enlarged by the appointment to Lecturer of: Drs. Leonard M. Rosengarten, H. Michael Rosow, Albert Kandelin and Albert H. Held in 1954, and Drs. Miriam Williams and Helen Tausend in 1956.

2. GUEST LECTURERS:

The Institute was honored by the kind response of Guest Lecturers, who by their presentations, enriched the program of the Training School. The calendar reads as follows:

David Rapaport, Ph. D. - March 3 and 4, 1954 - On Ego Psychology

Max Schur, M. D. - June, 1954 - The Ego in Anxiety

H. G. Van der Waals, M. D. - Sept., 1954 - On Narcissism

Robert Waelder, Ph. D. - May 2, 1956 - Psychoanalysis and Psychotherapy

Robert Waelder, Ph. D. - May 3, 1956 - Pros and Cons on the Theory of a Destructive Instinct

Robert Waelder, Ph. D. - May 5, 1956 - Freud - The First Hundred Years (Centennial Lecture)

Annie Reich, M. D. - Sept. 5, 1956 - Clinical Seminar

Michael Balint, M. D. - Oct. 19, 1956 - Problems of Psychoanalytic Technique

Augusta Bonnard, M. D. - May 23, 1957 - The Mother as the Therapist of her Child.

3. CURRICULUM:

The plan of courses with a standard bibliography, presenting psychoanalysis in a chronological and progressive order, first designed by Dr. Ivan A. McGuire, Chairman of the Curriculum Committee, and the undersigned, in 1952, has been carried out during the past four years, to the mutual satisfaction of candidates and faculty*. As a result, a kind of "class" spirit has developed, based on candidates attending a given course, having had a similar exposure to psychoanalytic literature and clinical material.

The teaching was shared by the majority of the Training Analysts, ably assisted by Lecturers, four of whom have become Training Analysts. A small remuneration for teaching time was made possible through a grant from the U. S. Public Health Service.

Table III illustrates the individual participation in the teaching program. Clinical seminars were conducted by Supervisory Analysts only.

* A revision with minor changes, is planned for the Fall of 1957.

TABLE III

NUMBER OF COURSES AND SEMINARS GIVEN (Each course or seminar consists of six two-hour sessions)

	<u>1953-54</u>	<u>1954-55</u>	<u>1955-56</u>	<u>1956-57</u>	<u>TOTAL</u> <u>OVER FOUR YEARS</u>
Dr. Brunswick	3	1	--	1	5
Mrs. Deri	1	--	--	2	3
Dr. Evans	3	1-1/2	3	1	8-1/2
Dr. Fenichel	2	4	3	3	12
Dr. Friedman	3	1	1	2	7
Dr. Futterman	2	1	3	1	7
Dr. Greenson	4	2	2-1/2	3	11-1/2
Dr. Harrison *	--	--	--	1	1
Dr. Held	--	3	3	1	7
Dr. Jokl	3	3	3	2	11
Dr. Kandelin	--	3	2	3	8
Dr. Kupper	2	2	3	2	9
Dr. McGuire	3	3	4	3	13
Dr. Rahman **	3	1	2	--	6
Dr. Rangell	2	3	1	1	7
Dr. Rosengarten	1	3	1	2	7
Dr. Rosow	--	2-1/2	2	2	6-1/2
Mrs. Ruben	1	1	1	--	3
Dr. Sperling	3	2	2	3	10
Dr. Tausend ***	--	--	--	1	1
Dr. Van der Heide	3	2	4	1	10
Dr. Vatz	3	2	2	1	8
Dr. Wexler ****	1	--	--	--	1

* One course assignment

** Deceased August, 1956

*** Appointed July 12, 1956 to Lecturer

**** By Special Appointment, later withdrawn

4. APPLICATION FOR ADMISSION TO TRAINING:

The number of applications for training during 1956-57 is slightly below that of the previous three years. This fact, for which many causes known to analysts of the local area could be cited, has not halted the Education Committee from evaluating applicants for training, consistently in terms of proper incentive, psychological mindedness, optimal amount of life (and minor psycho-neurotic) experience and awareness thereof. In so doing, it has placed quality well above quantity of trainees.

Thus, interviews with five Training Analysts and their evaluation of the applicant presented to the Education Committee, remained the basis for decision regarding acceptance or other disposition. Doubts about the value of the recommendation "therapeutic psychoanalysis and reapply later" have been expressed. Since Training Analysts, by agreement, are to refrain from conducting therapeutic, preparatory psychoanalyses of non-accepted applicants, indeed, in such cases the profound consideration of the individual's suitability for psychoanalytic training and of reapplication, is left with the applicant and his therapeutic analyst. Some members of the Education Committee have spoken in favor of a "broadening" or liberalizing of the ill-defined standards of suitability for psychoanalytic training; they wish to offer the applicant with a mild character neurosis a chance to become better qualified for training, through the therapeutic effects of the didactic analysis. The opposite view holds that because of its external and academic implications, a training analysis

becomes excessively difficult or impossible when candidates' therapeutic needs and pathology are considerably more than the optimal.

This problem was discussed in connection with the Philadelphia plan and, as anyone familiar with psychoanalytic training will expect, was not solved. However, it can be stated that during the past four years, the Education Committee has most seriously studied and evaluated fifty applicants, and based its action on the Committee's majority opinion regarding the applicant's capacity to adequately profit from a training analysis preparatory to clinical work, and his prospect of completing training toward becoming a psychoanalyst in the fullest sense.

Table IV gives a detailed account of the dispositions June 1953 - June 1957.

TABLE IV
APPLICATIONS AND DISPOSITION

	<u>1953-54</u>	<u>1954-55</u>	<u>1955-56</u>	<u>1956-57</u>
<u>New applications received:</u>	17	19	18	16
Withdrawn before interviews:	2	3	3	1
Not yet processed:	0	2	2	6
Deceased:	--	--	1	--
<hr/>				
Number of Dispositions:	15	14	12	9
Accepted	9	6	4	4
Recommend therap. psa. & re-apply	0	4	1	0
" therap. psa.	4	1	1	1
Rec. cont. " "	0	1	1	1
Simple non-acceptance	2	2	5	2
Disposition delayed	0	0	0	1
<u>Re-applications:</u>	1	2	1	0
Accepted	0	0	0	0
Rejected	1	2	1	0
<u>Application on Transfer Basis:</u>	0	3	1	0
Accepted	0	3	0	0
Rejected	0	0	1	0

5. CANDIDATES:

On April 22, 1955, Dr. Irwin Kravetz, a Senior Candidate, died suddenly. His passing was deeply regretted by his fellow candidates and Faculty members alike.

During the past four years annual meetings of the candidates with the Dean and some members of the Faculty, were held. They served to give some orientation regarding the training program, and permitted the expression of ideas about various aspects of the training organization. These meetings culminated in the reactivation of an Association of the Candidates of the Los Angeles Institute for Psychoanalysis, which now independently has concentrated its endeavors in three areas: professional, educational and social. Plans are under way to prepare a digest of the candidates' reaction to the curriculum and its teachers, information which will be welcomed by the Education Committee. It is hoped that this organization will serve its members well and that, in various professional circles, it will contribute to proper representation of the Los Angeles Institute.

Candidates were informed of the formal academic requirements for graduation, and for eligibility for membership in the American Psychoanalytic Association; they were urged to arrange their clinical work accordingly.

A number of former candidates of the Training School had the honor of being awarded the Clinical Essay Prize of the Institute of Psycho-Analysis of London, to wit:

Dr. Leo Rangell: "The Psychology of Poise - with a Special Elaboration on the Psychic Significance of the Snout or Perioral Region," (Int. J. Psa., Vol. XXXV, 1954).

Dr. H. Michael Rosow: "The Analysis of an Adult Nail Biter," (Int. J. Psa., Vol. XXXV, 1954).

Dr. Max Hayman: "Traumatic Elements in the Analysis of a Masochistic Character," (Int. J. Psa., Vol. XXXVIII, 1957).

6. CHILD ANALYSIS:

A Subcommittee on Child Analysis, under the Chairmanship of Hanna Fenichel, Ph.D., to be succeeded by Mrs. Margarete Ruben, was created. In 1956 Dr. Miriam Williams joined this staff. Special training in the theory and technique of the psychoanalytic treatment of children is now offered.

After much consideration and deliberation, it was ruled that specialized training in Child Analysis should be postponed until the candidate has completed the regular three year curriculum. However, an introductory course on Child Analysis, obligatory for all candidates, is presented during the third curricular year* .

During the past four years nine candidates have begun the special training in Child Analysis, of whom subsequently the Subcommittee has considered three sufficiently advanced and experienced to be recognized as Child Analysts.

* In accordance with a recommendation of the Committee on Child Analysis of the American Psychoanalytic Association, a clinical seminar on Child Analysis for all candidates will be scheduled in the near future, (see minutes of the Education Committee, 3/11/54 and 7/12/56).

7. THE PSYCHOANALYTIC CLINIC:

As one of the four divisions of the Institute, the Clinic functions under the Associate Director of the Clinic and the Professional Committee of the Institute. Since, however, candidates are required to carry one Clinic case of psychoanalysis for not less than 300 hours, without fee, (the supervision of which is offered without charge), the interdependence of the Training School and the Clinic is unmistakable. Candidates are fulfilling the requirement and thus, to some individuals, low cost psychoanalysis is provided. However, not all Supervisory Analysts are participating in this program, difference of opinion about the suitability of the cases selected is not infrequent, the Associate Director is not remunerated for the considerable amount of time which his work takes, and neither are those candidates who conscientiously carry a case far in excess of 300 hours.

The Director of the Los Angeles Institute has appointed a Committee to propose a reorganization of the Clinic and correction of the problems is anticipated. However, the Training School, demanding from the candidates their participation, remains responsible for arranging adequate Clinic supervisory time, and for the selection of cases, which indeed should be the most suitable for the learning of psychoanalytic technique.

8. PROCEDURES, DATA ON TRAINING AND ADMINISTRATION:
(Dates in parentheses refer to minutes of Education Committee meetings)

During 1953 - 1957 a number of changes in operational procedure occurred; some new methods and policies in the pursuance of the training program and its administration have been introduced and since have become standard routine.

CURRICULUM AND TEACHING:

Matriculation for the regular course was limited to one time, September, each year (2/4/54); for specialized training in Child Analysis, only those candidates who have completed the three year curriculum are eligible (1/7/54 and 3/11/54). Training Analysts and Lecturers are asked, each trimester, which course they prefer to teach. The Education Committee approves of the assignments by the Curriculum Committee and serious consideration is given to such preference.

LECTURERS:

The Education Committee decided that in the future no appointments to Lecturer shall be made until the potential Lecturer has taught one course (3/7/57). On several occasions the Education Committee met with all Lecturers to discuss the Curriculum and to consider suggestions for improvement.

THE EDUCATION COMMITTEE, NEW TRAINING ANALYSTS AND FELLOWS TO THE BOARD ON PROFESSIONAL STANDARDS:

All training Analysts are to be members of the Education Committee (2/12/54), non-voting during the first year of their term.

The method of selecting and appointing new Training Analysts was discussed, altered and redefined in several meetings (5/12, 6/14, 6/22 - 1955; 9/27, 12/13 - 1956; 1/10 - 2/7 - 1957).

On November 1, 1957 the Education Committee voted that future appointments to Training Analyst will require a 3/4, instead of the former 2/3 majority vote -- (approved by the Board of Trustees, December, 1956).

It was also decided to elect Fellows to the Board on Professional Standards of the American Psychoanalytic Association, separately for each Annual and each Midwinter meeting, (3/7/57 and 4/4/57). This is in accordance with the A. Psa. A. By-Laws, which do not require the designation of a Fellow on an annual basis.

TRAINING DATA:

Colloquium I and II have proven themselves as useful earmarks in the course of training. Of these oral examinations, the first serves to determine the candidate's readiness for clinical work, the second to judge his capacity to do some psychoanalysis unsupervised (7/2/53). They allow Training Analysts, other than the candidate's didactic and supervisory analysts, to evaluate the academic progress and maturity. Thus, collective responsibility of the Education Committee for the advancement of candidates in clinical work was enhanced.

"Grading" of the candidates' supervisory work was tried out, found unsatisfactory and ultimately was abolished (6/14/55 and 12/8/55).

INACTIVE STATUS, THESIS AND GRADUATION:

The necessity to remove an occasional candidate from the formal training situation, or to interrupt his training analysis with referral for

a period of purely therapeutic psychoanalysis, has been recognized by many Training Analysts. This measure, now marked as "placed on inactive status," has been the subject of much discussion, (7/22/54; 2/9 - 3/27 and 11/1 - 1956). Difficulties were encountered in attempting to agree on a general rule regarding the conditions for reinstatement, in particular, the requirement that the once-inactive candidate, sometime before graduation, has another period of personal analysis with another Training Analyst.

The writing of a clinical paper to be read to the Los Angeles Psychoanalytic Society, in the opinion of Training Analysts, has lost its value as a criterion for graduation. The Education Committee discontinued the requirement of the reading of the paper in the Los Angeles Psychoanalytic Society, and subsequently abolished the thesis requirement all together (2/9/56, 3/27/56 and 11/1/56). It thus gave recognition to the fact that the candidate's record of academic and clinical work and the evaluation by the Faculty, in particular by his Supervisory Analysts, are the more essential features on which to judge his ability to function as a graduate psychoanalyst. On 11/1/56, however, the Education Committee ruled that graduation will require a 3/4 majority vote of the Education Committee.

It is safe to assume that the large number of graduations during 1956-57 is related to the abolishment of the thesis as a graduation requirement, although other factors explaining this phenomenon can be presented.

ADMINISTRATION:

During 1953 - 1957 much has been done to improve the recording of the individual training data of candidates. Various standard forms have been introduced and have been found most useful. Candidates every three months

send to the Institute a report, giving the numbers of analytic hours with patients, and the dates of the supervision. Written reports on all colloquia are filed. Upon discontinuation or completion of a supervised case, the candidate forwards to the Institute a Terminal Report, containing a brief summary of the condition, the main features of the analysis and the outcome. The Supervisory Analyst, later, enters his impressions on the same form, which finally is countersigned by the Training Analyst of the particular candidate. A so-called Terminal Report is also filed on the completion or discontinuation of didactic analyses on which the Training Analyst states his views on the indications and conditions of terminating the training analysis. Another example of providing the candidate's file in the Training School with a permanent record concerning his evaluation in training, are notes made of the discussion of a candidate in Education Committee meetings. Similarly, written reports on all application-interviews are a part of the permanent file, to which is added a summary by the Dean, and the Education Committee's reasons for the disposition taken*. It is hoped, (and already has been experienced) that these measures toward recording of training data, will foster the function of the Education Committee as a unit, responsible for the training and future of individual candidates, and will add an element of objectivity to the organization of psychoanalytic training which is so apt to be dominated by subjective features.

It was instituted to prepare each three months a Roster of Candidates (and accepted applicants) which indicates their status in training (whether Junior, Intermediate or Senior). This roster is distributed to the Faculty, and, by courtesy, to members of the Los Angeles Psychoanalytic Society as well.

* All these records are available for reading to the Training Analysts.

9. THE AMERICAN PSYCHOANALYTIC ASSOCIATION AND THE
LOS ANGELES INSTITUTE FOR PSYCHOANALYSIS:

During 1953 - 1957 Drs. Greenson, Kupper, McGuire, Evans and Van der Heide have served as Fellows to the Board on Professional Standards, and Drs. Brunswick, Rangell, Jokl and Tidd as Alternate Fellows.

A Subcommittee of the American Psychoanalytic Association (Drs. Reider, Gill and Robbins), appointed to report on the execution of psychoanalytic training at the Los Angeles Institute, was received in February 1954. A number of meetings were held, during which the Committee showed a lively interest in the methods and activities of the Training School. A recommendation to the American Psychoanalytic Association for continued approval of the Los Angeles Institute as a psychoanalytic training institute, resulted.

At various panels concerning psychoanalytic training, organized by the American Psychoanalytic Association, the Los Angeles Institute was represented (On Psychoanalytic Curricula - Atlantic City, May 1954, Dr. Van der Heide; On Supervised Psychoanalysis - Chicago, May 1955, Dr. Van der Heide; and, On Supervised Psychoanalysis, New York, December 1955, Dr. McGuire).

A solid piece of work on the multiple aspects and problems of psychoanalytic training emerged when the Education Committee was asked to reply to the extensive report of the Survey Project Committee of the American Psychoanalytic Association, under the Chairmanship of Dr. Bertram Lewis.

-- Extensive replies containing factual information on the practices of the

Los Angeles Institute, with views on psychoanalytic training as well, were prepared by Drs. Fenichel, Greenson, Kupper, McGuire and Van der Heide. They were discussed, and with minor modifications, submitted as the point of view of the Education Committee as a whole (3/29/56).

Requested by the American Psychoanalytic Association, the Education Committee also made known its position and views regarding a proposal for the establishment of an American Board of Psychoanalysis (2/13/56, 3/1/56 and 3/29/56), and concerning a report about Psychoanalytic Training and Relation to Medical Schools (4/4/57 and 4/11/57). On the latter occasion, the Education Committee once again expressed its firm conviction that the "independent institute" presents the best setting for training in psychoanalysis.

10. ASSISTANT DEAN:

In addition to being Chairman of the Curriculum Committee during 1953 - 1957, Dr. Ivan A. McGuire has served as Assistant Dean, and as Acting Dean during the summer of 1956. He has shared many executive and administrative tasks and frequently has been consulted by the undersigned on executive matters. Through his devoted interest in psychoanalytic training, and in the organization and enactment of a sound program, he has rendered invaluable service to the Training School of the Los Angeles Institute for Psychoanalysis.

11. THE DEAN:

On June 4, 1953, the undersigned was elected to fill the unexpired term of Dr. Ernst Lewy. He was reelected Dean on June 22, 1954, for a term of three years, which expires at the annual meeting of the Education Committee on June 6, 1957.

Respectfully submitted,

Carel Van der Heide, M.D.

June 1957

Beverly Hills, California

Copy to:

Trustees of the L.A. Institute for Psychoanalysis
 Training Analysts " " " "
 Lecturers of the " " " "
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