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MANUAL FOR PSYCHOANALYTIC CANDIDATES -

Los Angeles Psychoanalytic Society and Institute 344 North Bedford Drive Beverly Hills, California 90210 CR 1-1368 BR 2-1434

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For the Candidates in Training in the Los Angeles Psychoanalytic Society and Institute:

This manual outlines the various procedures and policies of the training program and conswers some of the questions which arise.

Any alterations will be mailed to you.

Please feel free to call the Administrative Assistant regarding anything that is unclear to you. Suggestions for changes or for items to be included in this Manual will be welcomed.

Any CandidateS may feel free to contact any member of the Candidates Evaluation Committee at any time regarding any question or problem arising in his training.

GENERAL PRINCIPLES:

The Faculty of the Los Angeles Psychoanalytic Society and Institute believes that its primary task is to that candidates the basic elements of psychoanalysis. It is the opinion of the Faculty that this can best be done by training candidates in the theory and practice of classical psychoanalysis.

Weth Spall

It has been the policy of the Los Angeles Psychoanalytic Society and Institute to teach modifications and variations of psychoanalytic technique as a specific subject only after the candidate has thoroughly learned the basic requirements of classical psychoanalysis. In this way the teaching of special techniques in no way detracts from the essential teaching program of psychoanalysis. Furthermore, we have found that after this basic training has been accomplished the candidate is prepared to evaluate variations, modifications, and controversies in technique.

SEEM

It has been clearly established that it is necessary to see patients four or five times weekly in order to facilitate the development of a transference neurosis, the revival of the infantile neurosis, and the systematic working through of the resistances. We believe it is necessary for our candidates to undergo analysis conducted in this manner so that they can experience these phenomena as well as to make possible permanent and beneficial structural changes in their personalities.

HOLL THEY

The Faculty of the Los Angeles Psychoanalytic Society and Institute is of the opinion that the most suitable cases for supervision in the training of a candidate are the chronic neuroses. In this way the candidate supplements the experiences from his own analysis by his work with his patients.

THE STAGES OF TRAINING: THE STAGES OF PROMISS.

In order to facilitate and clarify the candidate's progress through the training program it has been found advisable to denote the various stages in the training program by different designations. (Other institutes use different designations. It is hoped that eventually there will be some uniformity and all institutes in The American Psychoanalytic Association will use the same designations.)

1. Accepted Applicant:

A candidate who is accepted for training but who has not yet started his personal analysis.

2. Pre-Seminar:

A candidate who has started his personal analysis, but who has not yet begun seminar attendance.

3. Junior:

A candidate who has started his personal analysis and seminars but who has not begun the analysis of a patient under supervision.

4. Intermediate:

A candidate who has started personal analysis, seminars, has satisfactorily completed Colloquium I, and is now doing analysis under supervision.

5. Senior:

A candidate who has completed the curriculum of courses and seminars and has successfully completed Colloquium II. In addition, the candidate shall have been granted permission to do unsupervised psychoanalysis or has 150 hours of supervision on at least three well-advanced supervised cases.

ADMISSION TO THE TRAINING PROGRAM:

CANDIDATES ARE ACCEPTED TO THE FRAINING PRICARM ON THE BOXIS OF No acceptances of candidates are made without interviews with members of the Admissions Committee of the Training School of the Los Angeles Psychoanalytic Society and Institute and are initially on a trial basis since it is a common experience that suitability can be adequately established only after a period of personal analysis,

The candidate is provided with a list of the Analyzing Instructors of the Society/Institute and is free to make arrangements with an Analyzing Instructor of his choice. If, however, an Accepted Applicant has not begun his personal analysis within a period of two years from the date of his acceptance, the Candidates Evaluation Committee reserves the right to re-evaluate his status.

THE PERSONAL ANALYSIS:

After the Admissions Committee has informed the applicant of his acceptance, the Ardepted Applicant may then select his Analyzing Instructor from the list of Analyzing Instructors of the Society/ Institute. Arrangements regarding time and fee for personal analysis are made individually between the candidate and the Analyzing Instructor.

The most important element of the training program is the personal analysis of the candidate. We have found that one can not adequately understand emotionally disturbed people who has not himself fully experienced, and struggled with, his own inner problems. It is the aim of the training analysis to help the candidate further his emotional maturity by the personal experience of psychoanalysis.

The Analyzing Instructor does not communicate with anyone regarding. the candidate he is analyzing. The duration of the personal analysis with an Analyzing Instructor is left to the decision of the Analyzing Instructor, depending upon the needs and progress of the candidate; usually several years will be required. If the personal analysis with an Analyzing Instructor has gone on for more than 1000 hours, and there is still considerable doubt about the candidate's ability to become a psychoanalyst, the Analyzing Instructor will inform the candidate that he should seek further analysis with another Analyzing Instructor. The candidate may request a consultation with the Candidates Evaluation Committee to discuss the matter. If the candidate decides to change Analyzing Instructors, he must request bermission from the Candidates Evaluation Committee to do so.

If an Analyzing Instructor informs the candidate he is analyzing that he is, in the opinion of the Analyzing Instructor unsuited for further training, the candidate has the right to request a personal canalysis with another Analyzing Instructor. The second analysis with an Analyzing Instructor will be considered decisive.

The Candidates Evaluation Committee reserves the right to recommend to the Co-ordinating Council the termination of a candidate's training if and when the candidate's progress is considered unsatisfactory.

The candidate as well as the Analyzing Instructor shall report in writing to the Chairman of the Candidates Evaluation Committee (using the address of the Society/Institute office) the beginning and ending of his personal analysis.1 - (or Not Needs 1) is corrected.

LECTURES AND SEMINARS:

Academic instruction consists of a series of lectures and seminars on psychoanalytic theory and technique planned in a manner to enable the student to acquire an understanding of the established facts and generally accepted theories of psychoanalysis.

Clinical seminars are scheduled throughout the first second, third, and fourth years of the curriculum and continue until graduation. These include continuous-case seminars, brief-presentation seminars, and dream seminars.

The entire program is scheduled for a period of four years consisting of two semesters of 18 weeks each in the first- and second years and three trimesters of twelve weeks each in the third- and fourth years. In addition to the regular program this academic curriculum is augmented by guest lecturers whenever possible.

The candidate is ordinarily authorized to apply to begin theoretical instruction after one year of personal analysis by an Analyzing Some first-unctor, unless exceptional circumstances exist. The final decision regarding this matter will be made by the Candidates Evaluation Committee. The candidate requests permission to start first-year courses from the Chairman of the Candidates Evaluation Committee. Permission should be made in writing and addressed of the Society/Institute office.

At times the pre-seminar period may be prolonged by the Candidates Evaluation Committee.

In each case the candidate requests permission to start seminars by a letter addressed to the Chairman of the Candidates Evaluation Committee, Los Angeles Psychoanalytic Society and Institute.

The Curriculum Committee reserves the right to cancel any course for which registration is insufficient.

AFTER DECEMBLE PURCE.

CANDIDATES EVALUATION COMMITTEE

The Candidate in his training period will communicate with and receive communications from the Candidates Evaluation Committee regarding matters concerning his training. Applications for Courte, promotion, permission to take supervised or unsupervised analytic cases, and relations with Analyzing Instructors and seminar leaders are handled through the Candidates Evaluation Committee.

The Analyzing Instructor will have no contact with the Candidates Evaluation Committee concerning training of candidates in analysis with them.

FEES:

Matriculation Fee:

A matriculation fee of \$50 is payable at the time of registration for courses for the first year. All checks should be made payable to the Los Angeles Psychoanalytic Society and Institute. The matriculation fee is only collected once from each candidate.

Tuition:

Tuition-is computed at the rate of \$5 per academic hour or \$10 per session since the lectures and seminars consist of two-hour sessions.

The approximate cost of tuition for the four-year course of study is as follows:

First year.....\$790

Second year.....720

Third year.....720

Fourth year.....720

Total....\$2950

Fees for Personal Analysis and Supervisory Analysis:

Fees for personal analysis and for supervision are determined individually between the respective Analyzing Instructor and the candidate. The Society/Institute does not take part in these arrangements.

ASSIGNMENT OF COURSES:

A schedule of courses is provided each seminar candidate before the beginning of each semester and trimester. Courses are determined according to grade level and are assigned by the Curriculum Committee.

A form letter is sent to each candidate listing those courses he is scheduled to take and the fee. The candidate has registered when he sends his check to the Society/Institute office. In the event that the assignment of courses is considered incorrect, or if the student is unable to comply with the suggested program, the Administrative Assistant should be so informed immediately.

Candidates who have completed the four-year curriculum are required to attend, until graduation attleast one clinical-case seminar each trimester. They may also attend other seminars, without charge, Seminars which have previously been completed.

SUBSTITUTED FOR THE CLINICAL - CASE
SEMINAR WITH THE PERMISSION OF THE CANDIDATES EVALUATION COMMITTEE.

COLLOQUIUM I:

Colloquium I is an informal oral examination which has the purpose of aiding the Candidates Evaluation Committee in assessing the candidate's knowledge of theory and technique prior to his undertaking the first psychoanalytic case under supervision.

The candidate must have completed one year of lectures and seminars before being eligible to apply to take Colloquium I. Application, in writing, should be made to the Chairman of the Candidates Evaluation Committee and addressed to the Society/Institute office. The candidate will be informed by the Candidates Evaluation Committee regarding his eligibility to undertake the Colloquium. When the request to take Colloquium I has been approved, the candidate should contact the Administrative Assistant in order to arrange to take the Colloquium.

Colloquium I is conducted by two senior instructors other than the candidate's personal analyst. The Chairman of the Candidates Evaluation Committee will officially inform the candidate of the outcome of the Colloquium.

After passing Colloquium I, the candidate is eligible to start a first psychoanalytic case under supervision.

After satisfactory performance in Colloquium I the candidate is eligible to undertake the psychoanalysis of his first patient under supervision. The selection of the case to be supervised should be made in consultation with the Supervising Instructor. The candidate may select as a supervisor any supervising instructor other than his personal analyst.

The aims of the supervision are:.

- 1. To instruct the candidate in the use of the psychoanalytic method.
- 2. To aid him in the acquisition of the therapeutic skill based upon an understanding of the analytic material.
- 3. To observe his own work and reactions so that he can determine the effects of his personal analysis.
- To determine his maturity and stability for doing psychoanalytic work over an extended period of time.

To the Chairman . Of the Caudidates Evaluation committee

Subsequent cases for supervision may be undertaken only with the approval of the Candidates Evaluation Committee. Requests to undertake a second case should be made in writing and addressed to the Society/ Institute office. This same procedure is to be followed for attribute subsequent cases. The decision of the Candidates Evaluation Committee is based on reports of supervising analysts about the candidate's work.

In accordance with the standards of the American Psychoanalytic Association, all psychoanalytic cases under supervision should be seen four to five times per week and supervisory sessions should be seen weekly. After the candidate has adequately demonstrated his familiarity with the theoretical and technical problems of the case under supervision the supervisory sessions can be scheduled on a once-in-two-weeks basis.

When a candidate has three or more cases under supervision and wishes to undertake a psychoanalysis without supervision, he may apply to the Chairman of the Candidates Evaluation Committee (following the procedure outlined above) for permission to take another case unsupervised.

Candidates are encouraged to undertake supervised clinical work with children in order to enrich their general psychoanalytic training and also as preparation for possible advanced training in psychoanalysis of children. In any case the supervised analysis of children may not replace the minimal requirements for the supervised analysis of adult cases. (See paragraph "Child Analysis.")

The candidate shall have at least three supervisory Instructors other than his own Analyzing Instructor. A minimum of 200 hours of supervision is considered necessary in order to attain the aims of supervision. Fifty hours of supervision is suggested as the minimum for any one of the required cases. In order to fulfill the requirements of The American Psychoanalytic Association the candidate should carry at least one of the supervised cases to termination. At least two of these supervised cases should have been classified as a neurosis. It is highly desirable that the candidate obtain supervised psychoanalytic experience in excess of these minimal requirements.

PSYCHOANALYTIC CLINIC:

Since 1965 the analysis of Clinic patients by candidates and members of the Los Angeles Psychoanalytic Society and Institute has been on a voluntary basis with the following provisions:

- Candidates who analyze Clinic patients without retaining the fee will receive free supervision.
- Candidates who analyze Clinic patients but who wish to collect the fee will pay for their supervision in the same manner as with private cases.

The selection of the case from the Clinic files is made by the candidate in conjunction with his supervisor. The Candidate is encouraged to conduct preliminary interviews with the prospective patient and to discuss these interviews with the Supervising Instructor, as in all other supervised cases, in order to further the selection of a suitable patient.

The fee should be established between the patient and the candidate only after the candidate has consulted on this matter with his supervisor.

If a case has been selected from the Clinic list of Accepted Applicants, whether or not the candidate retains the fee or turns it over to the Clinic, the form on the following page will be mailed to the candidate at the end of each month. This form is to be filled out and returned to the Society/Institute office as soon as possible. If the fee is to go to the Clinic, the check should accompany the form.

There are good cases with varying fee potentials now available through the Psychoanalytic Clinic for those who wish to take advantage of this.

LOS ANGELES INSTITUTE FOR PSYCHOANALYSIS <u>Psychoanalytic Clinic</u>

	, 196
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By Dr.	
·	•
Name of patient:	
Hours:	
Name of supervising analyst:	•
Control hours:	
Hourly fee:	Amount paid Clinic:
	or
	Private fee retained:
•	
• •	
	Signature

REPORTS ON SUPERVISION:

a. Initial Report of Supervised Psychoanalysis:

When a suitable patient for psychoanalysis under supervision has been agreed upon by the candidate and his supervisor, and after completing ten hours of supervision of the case, the candidate will fill out the form, "Initial Report of Supervised Psychoanalysis," and file it with the Administrative Assistant. (See sample on next page - Supervised cases will be numbered in the order in which they are taken regardless of outcome of the case).

INITIAL REPORT OF SUPERVISED PSYCHOANALYSIS

Candid	ate's name:			· · · · · · · · · · · · · · · · · · ·
Superv	ising analyst:			
Case:	supervision number	——————————————————————————————————————		•
	agesex			
	tentative diagnosis:			
				•
		·		
			•	
-				***************************************
Date of	beginning			•
or psyc	choanalysis:	· .		
Date of	first supervisory hour:		·	
Freque	ncy of analytic hours:			
Candida	ite.'s signature:			······································

REPORTS ON SUPERVISION:

b. Termination of a Supervised Psychoanalysis:

It is the responsibility of the candidate to complete a terminal report on the supervised analysis of any case which runs ten or more supervisory sessions, whether the case is discontinued, interrupted, completed, or transferred to a second supervisor.

The form for this report may be obtained from the Society/Institute office, and it should be completed by the candidate and returned to the office promptly. (The candidate should not send the completed form to his supervisor.)

Without this report in the Society/Institute files, credit for supervised psychoanalytic work will not be considered complete. (See sample on the next page.)

LOS ANGELES PSYCHOANALYTIC SOCIETY AND INSTITUTE Candidate's Terminal Report on a Supervised Psychoanalysis

Candidate's Name:		•		•	
Supervising Analyst:	•				
Diagnostic Category:					
Case Number:	Age:		Sex:		
Date Treatment Began:	Termina	ation Date:_		Date Supervis	ion
Reason for Termination: (Please expla	ain under Br	ief Summa	ary)	:
Frequency of Sessions Per		3	•	•	
:	lst year	_2nd year	3rd yea	ar4th year	
Total Treatment Hours:			•		
Frequency of Control Hours	per Month:				:
			3rd yea	ar4th year_	
Total Control Hours:					•.
Brief Summary of the Case:	•		. •		;
This summary should contain	n the follow	ing informat	ion.		
l. Symptomatology			J. OII •		
2. Main neurotic conflicts	6				:

- Outstanding characteristics of the id, superego, and ego 3.
- Predominant transference reactions
- Main technical problems
- 6. Course of the analysis
- 7. Outcome or reason for termination of supervision and/or analysis
- Did the case go through a terminal phase? Under supervision?

CLINICAL CASE PRESENTATIONS:

It is necessary for each candidate to make several presentations of clinical material in order to complete the academic requirements. This may be done either in a continuous-case seminar or in a brief-presentations clinical conference.

The candidate must present clinical material on three different occasions in a brief-presentations seminar or he must present a single case for six consecutive sessions in a continuous case-seminar. The instructors of the seminars will record the name of the presenter and the number of presentations on the attendance record for the seminar.

COLLOQUIUM II:

Colloquium II is an informal oral examination conducted by two senior instructors other than the candidate's personal analyst. Successful completion of Colloquium II is one of the necessary requirements for reaching the status of Senior candidate.

All candidates are requested to apply in writing to the Chairman of the Candidates Evaluation Committee (and address the letter to the Society/Institute office) for permission to take Colloquium II within six months after having completed the fourth-year curriculum.

The members of the Candidates Evaluation Committee will discuss the candidate's eligibility for taking Colloquium II and will the candidate know whether exist his request has been approved. Again this decision is based on reports regarding the candidate's performance in seminars and in the supervised analysis. If the request is approved, the candidate should contact the Administrative Assistant in order to arrange to take the Colloquium. If it is deemed advisable to postpone the taking of Colloquium II, in all likelihood the candidate will be requested to have an interview with a member (or members) of the Candidates Evaluation Committee in order to discuss the situation with the candidate and make recommendations to him.

CHILD ANALYSIS TRAINING PROGRAM:

The Child-Analysis Training Program is offered to advanced candidates and to graduates. It has a comprehensive curriculum that includes three years of didactic seminars, supervised analysis, continuous-case conferences, and monthly meetings of the Los Angeles Child Study Group of practicing child analysts. Affiliations with the Center for Early Education and the Reiss-Davis Child Study Center provide opportunities for observation and study of normal- and pathological development in children.

The candidate becomes eligible for consideration for admission to the Child-Analysis Program upon entering his third year of the adult-analysis seminars. His application for child-analytic training must first be approved by the Candidates Evaluation Committee, after which the application is considered by the Child-Analysis Committee. If accepted, the candidate begins seminars in child analysis and engages in auxil lary observation and study to gain first-hand knowledge of the psychological processes in children. Upon subsequent approval of the Child-Analysis Committee he then begins supervised child analysis.

Experience in analyzing three cases under supervision (the supervision must be by at least two different supervisors) is a requirement. Rather than stress a fixed number of hours of supervision the emphasis of the Child-Analysis Committee is on a demonstration of general competence in the field of child analysis.

The training standards in child analysis proposed by the American Psychoanalytic Association are used as guidelines for planning the curriculum.

GRADUATION:

In order to graduate from the Los Angeles Psychoanalytic Society and Institute a candidate shall have fulfilled the following requirements:

- a. Completion of three years of residency in psychiatry or the equivalent thereof (as required for admission to membership in the American Psychoanalytic Association).
- b. Completion of satisfactory progress of a personal analysis to the point that the candidate has achieved sufficient emotional maturity analytic increase and to function in the community with responsibility and integrity as personness By the community with responsibility in the practice of psychological and integrity as personness By the community with responsibility completion of the academic curriculum including passing of Colloquia I and II as prescribed by the Curriculum Committee.
 - d. A total of not less than 200 supervisory hours.
 - e. Psychoanalysis of three or more adult cases under supervision.
 - f. A suggested minimum of 50 hours of supervision for each of three cases.
 - g. Three brief presentations at a clinical conference or six consecutive sessions of report on a single case in a continuous- case

Applications for graduation should be made in writing to the Chairman of the Candidates Evaluation Committee and addressed to the Society/Institute office.

After the Candidates Evaluation Committee has had an opportunity to review the various data from the faculty and supervisors, etc., and it is found that the candidate has satisfactorily fulfilled the above-mittee will recommend to the Co-ordinating Council that the Candidate be graduated. At its next meeting the Co-ordinating Council will consider the recommendation of the Candidates Evaluation Committee, and if the recommendation for graduation is approved, the Director of Educatio will inform the candidate that he has been graduated.

The graduate is then eligible to apply for membership in the Los Angeles Psychoanalytic Society and Institute. Two years from the date of graduation he is eligible to apply for membership in The American Psychoanalytic Association.

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GRADUATION:

CARRIEU TO

At the American Psychoanalytic Association requires that one case of psychoanalysis under supervision be terminated in order to be eligible for membership. Since this may require a considerable period of time, it may be necessary to continue supervision of a case after graduation from the Society/Institute.

The term "termination" however is ambiguous and is interpreted variously in different institutes. Esgentially we believe that termination presupposes the uncovering of the infantile neurosis, a prolonged period of working through, and major manges in the capacity of the ego to deal with the id, the superego, and the external world.)

SATISTICAL CEMENTS

INACTIVE STATUS:

HIS APPLICATION TO THE CHAIRMAN OF THE CANDIDATE EVALUATION COMMITTEE AND UPON

Inactive status may be granted to a candidate upon the recommendation of the Candidates Evaluation Committee to the Co-ordinating Council for an initial period of two years. At the end of this period the candidate may request reinstatement to active status, or he may ask for an extension of his inactive status. If he fails to request reinstatement or extension of inactive status, his status as a candidate will be terminated, and he will be so advised.

If a candidate requests, the Candidates Evaluation Committee may recommend to the Co-ordinating Council that a further extension of his inactive status for a specified time be made.

Inactive status of a candidate shall not be longer than a period of four years.

If a candidate requests reinstatement to active status, he will be interviewed by members of the Candidates Evaluation Committee.

LIBRARY:

The Los Angeles Psychoanalytic Society and Institute maintains a complete library of psychoanalytic books and periodicals. In addition there are writings in the related fields of medicine and the social sciences.

A professional librarian is present three afternoon a week, and he will be glad to help you in any way that he can.

Candidates are invited to make use of these facilities which remain open throughout the academic year. If a candidate has any special requests about books or periodicals, he should inform the librarian or the Chairman of the Library Committee.



CANDIDATES' ASSOCIATION

The candidates of the Los Angeles Psychoanalytic Society and Institute with the encouragement of the members of the Society/Institute, have formed a Candidates' Association. It is composed of the candidates on active status and includes committees which handle various educational, professional, and social activites of the candidates. The Association charges \$5 annual dues.