

COURSE OF STUDY

First Year

Psychoanalytic Theory of the Instincts

General Theory of Neuroses

Structure, Function and Meaning of the Dream (Part I)

The Hysterias and Phobias

Introduction to Ego Psychology

Obsessive-Compulsive Neuroses

Fundamentals of Psychoanalytic Technique

Child Psychoanalysis, Specialized (Elective)

Second Year

Character Disorders

Structure, Function and Meaning of the Dream (Part II)

Clinical Conference: Brief Presentations
(The Problems of Analyzability)

Metapsychology, Introduction

Technique of Dream Interpretation

Neurotic and Psychotic Depressions

Clinical Conference: Dream Presentations

Clinical Conference: Continuous Case

Third Year

Ego Psychology, Advanced

Schizophrenia, Paranoid States and Allied Disorders

Clinical Conference: Continuous Case

Perversions and Impulse Neuroses

Controversial Concepts

Clinical Conference: Brief Presentations

Fourth Year

Psychoanalytic Metapsychology, Advanced

Psychosomatic Phenomena

Clinical Conference: Continuous Case

Technique of Psychoanalysis, Advanced

Selected Topics

Child Analysis; General

DESCRIPTION OF COURSES

First Year

1. Psychoanalytic Theory of the Instincts

This course traces the development of Freud's theory of instincts through its various phases. The present status of instinct theory is also considered. Human drives and animal instincts will be compared.

2. General Theory of Neuroses

The mechanisms and processes involved in neuroses will be discussed in order that groundwork be laid for later study of special forms of neuroses and psychoses. Consideration will be given to the function and manifestation of the mechanisms of defense.

3. Structure, Function and Meaning of the Dream (Part I)

This course will begin with a preanalytic concept of the dream and then go on to Freud's discoveries of the structure, function and meaning of the dream. The problems of censorship, symbolism, the dream work and wish fulfillment will be discussed. The Irma Dream and some typical dreams will be used as clinical examples.

4. Hysterias and Phobias

The psychopathology of these neuroses will be studied. The work will be centered around Freud's papers and some of the later contributions. The problems of conversion and anxiety will be the focus of attention.

5. Introduction to Ego Psychology

The development of the concepts of psychoanalytic ego psychology. The work of this course will be devoted to studying the roots of our present day ego psychology as developed primarily in the writings of Freud and Anna Freud.

6. Obsessive-Compulsive Neuroses

This course will concern the problem of instinct and defense in compulsive symptoms as well as the special problem of regression. The particular role of the ego in these disorders will be covered, with emphasis on the problem of thinking. The forerunners of the character will also be discussed. Freud and Fenichel will be the main texts.

7. Fundamentals of Psychoanalytic Technique

This course will concern the origins and development of psychoanalytic technique and will discuss the preliminary interviews, analyzability, transition to the couch, free association, the concepts of resistance and transference, countertransference, acting out, and general rules for interpretation. The basis texts will be Freud, Glover, Freeman Sharpe, and Fenichel.

8. Child Psychoanalysis, Specialized (Elective)

This course will consist of the following: (a) Four sessions on Early Object Relationships; (b) Two sessions on Anxiety in Children and two sessions on Early Childhood Disturbances; and (c) Continuation of Early Childhood Disturbances, Eating Problems, etc.

Second Year

9. Character Disorders

This course will deal with the psychoanalytic concept of character, and a detailed study of the central factors involved in its formation. The writings of Freud, Abraham, and others will be discussed.

10. Structure, Function and Meaning of the Dream (Part II)

This course will cover the metapsychological concepts in the structure of the dream and its relationship to ego psychology. There will be some discussion of more recent contributions to the theory of the dream by others than Freud, namely Jones, Sharpe, Lewin, Fisher, etc.

11. Clinical Conference: Brief Presentations
(Problems of Analyzability)

Each session will be devoted to a clinical presentation by a candidate of a patient currently undergoing investigation as to his suitability for psychoanalysis therapy. Each session will be used as an opportunity to discuss on the basis of the clinical material the indications and contraindications for the particular treatment most suitable for the patient described.

12. Metapsychology (Introduction)

This course will concern itself with a detailed study of the assumptions, propositions, and theories presented in Freud's "Papers on Metapsychology."

13. Technique of Dream Interpretation

An attempt will be made to present systematically some basic rules and principles governing the use of the dream within the framework of psychoanalytic therapy. Clinical examples will be used to illustrate the technique for using the dream for therapeutic purposes.

14. Neurotic and Psychotic Depressions

The theory and clinical manifestations of neurotic and psychotic depressions will be discussed. The structural and dynamic differences between neurotic and psychotic depressions will be elucidated. The role of the superego and introjection in regard to problems of self esteem and mourning will be discussed. Papers by Freud, Abraham, Rado, Fenichel and Klein will be considered.

15. Clinical Conference: Dream Presentations

Each session will be devoted to a clinical presentation by a candidate of dream material from patients currently in therapy. The clinical material will be the starting point for general discussion of special problems in the technique of dream interpretation.

16. Clinical Conference: Continuous Case

The six sessions will be devoted to the presentation by a candidate of a case currently undergoing psychoanalytic therapy. By presenting the same case over a period of six sessions, it is hoped to demonstrate how the case reacts to the correct and incorrect interpretations, as well as giving an opportunity to observe the course of an analysis.

Third Year

17. Ego Psychology, Advanced

This course will be a continuation of Introduction to Ego Psychology and will be devoted to a systematic study of the post-1939 contributions to psychoanalytic ego psychology -- primarily those of Hartmann, Kris, Rapaport and Erikson.

18. Schizophrenia, Paranoid States and Allied Disorders

The psychoses will be discussed from several viewpoints including etiology, symptomatology, and diagnostic criteria. Psychoanalytic theory as developed by Freud and other workers will be followed with emphasis on the part played by the ego.

19. Clinical Conference: Continuous Case

See paragraph 16.

20. Perversions and Impulse Neuroses

The sexual perversions will be discussed on the basis of fixation, regression, and impulsivity. The impulse neuroses will also be discussed with particular emphasis on the problem of acting out and impairment in the ego function of delay. The texts will be Freud and Fenichel and later authors.

21. Controversial Concepts

This course will discuss concepts which have not received general acceptance by psychoanalysis. There will be discussion of some of the ideas of Klein, Horney, Sullivan, Alexander, etc.

22. Clinical Conference: Brief Presentations

Each session will be devoted to a clinical presentation by a candidate of a patient currently undergoing psychoanalysis who presents a particular problem in psychoanalytic technique. The case material will be the springboard for a general discussion of special problems in technique.

Fourth Year

23. Psychoanalytic Metapsychology, Advanced

This course will include (a) comparative examination of Freud's, Glover's, Hartmann's, Rapaport's and Gill's views on metapsychology; and (b) metapsychological analyses of selected recent contributions to the body of psychoanalytic theory.

24. Psychosomatic Phenomena

A metapsychological review of the dynamics which result in somatic symptom formation, the problems of affect equivalent, somatization and conversion will be discussed. The works of Freud, Fonichel, Schur, Alexander, etc. will serve as the basic literature.

25. Clinical Conference: Continuous Case

See paragraph 16.

26. Technique of Psychoanalysis, Advanced

This course will be devoted to special problems of psychoanalytic technique, in addition to being a broad review of general technique. Special emphasis will be directed to such unclear areas as defensive transference reactions, "character" transference reactions, empathy, working through, negative transference reactions, interminable analyses, interruptions, termination, and the art in interpretation. In addition to the texts of Freud, Glover, Sharpe and Fenichel, selected papers from the more recent literature will be discussed.

27. Selected Topics

These sessions will be devoted to a discussion of current literature which represents new developments on controversial issues. Furthermore, this seminar will be utilized for reviewing problematic areas in psychoanalysis which require clarification. The instructor and the students will participate in the selection of the subject matter.

28. Child Analysis, General

This is an introductory course devoted to the differences between Child Analysis and adult analysis from the viewpoint of problems of technique and diagnosis.