

British

TRAINING REGULATIONS OF THE INSTITUTE OF PSYCHO-ANALYSIS

A. SELECTION OF STUDENTS

1. Applicants are required to complete the application form.
2. Only applicants having a medical degree (or undergoing medical training), and lay persons with a University degree or its equivalent, who also have suitable experience, are eligible for consideration.
3. Applicants will be interviewed by the Chairman and Secretary of the Training Committee or any other members of the Committee whom they ask to deputise for them. In addition to these two interviews any member of the Training Committee can require that the applicant be given a third interview.
4. An applicant accepted by the Training Committee will be considered for registration after a probationary period of training of from six to twelve months. If the training analyst's recommendation is unequivocally favourable, the student will be recommended for registration as a student. If the training analyst's recommendation is doubtful or unfavourable, the student will be interviewed by a member of the Training Committee who has not seen him previously, before the Training Committee reaches a decision.
5. Only those who have been confirmed as students will be eligible to have their names entered on the register of students.
6. If an applicant is not accepted for training and goes to a training analyst for a therapeutic analysis and later re-applies for training, he will be required to undergo at least two further interviews with members of the Training Committee before the Committee considers his re-application.

B. FEES AND TRAINING GRANTS

7. Minimal fee for personal analysis for students domiciled in the U.K. is 1 guinea per session.
8. Fees for a term's course of about eight lectures are 3 guineas and for about eight seminars are 2 guineas.
9. The Training Committee may recommend grants or the allocation of clinic vacancies to students who have difficulties in paying their fees. Grants may take the form either of direct payment to the analyst of part of the fees or of payments to the student.
Students who occupy clinic vacancies will pay to the Clinic such fees as they can afford and as the Clinic is authorised to take.
10. Only students who are regarded as likely after qualification to promote the interests of psycho-analysis either as teachers, research workers or in other ways are eligible to be considered for grants or clinic vacancies.

C. PROGRESS REPORTS.

11. Students' analysts and supervisors are required to make reports on students' progress half-yearly in June and December. When appropriate, such reports should contain recommendations regarding further steps in the student's training, e.g. starting lectures or a case under supervision.
12. Ad Hoc reports and recommendations regarding students' work may also be made or requested at any other time during the year.
13. By mutual arrangement between the student's analyst or supervisors and the Training Committee, analysts or supervisors may attend a meeting of the Committee in person to discuss a student's progress.

D. PERSONAL ANALYSIS

14. Students will be allocated to analysts on the following principles:
 - (a) Whenever possible a student will be referred to the analyst whom he nominates provided such analyst is recognised for training purposes.
 - (b) Where a student expresses no definite wishes regarding an analyst he will, whenever possible, be referred to an analyst of the 'middle group'.
15. Personal analysis shall be 5 times a week; in exceptional circumstances a reduction to 4 times a week may be considered.

E. LECTURES & SEMINARS

16. Students are required to complete a three year course of lectures and seminars before being qualified. Where the student's theoretical or practical experience justifies it, exemption from any particular course may be given on a written application to the secretary.
17. The syllabus is designed to give all students a common course in theoretical principles whilst permitting of two parallel courses of practical seminars and of lectures in child analysis. These parallel courses, designated Course A and Course B, permit of different approaches being taught; students are free to choose which they wish to attend. In the third year there will be 18 practical seminars given by analysts of different outlook and attended by all students. This is to permit of senior students of each of the parallel courses having an opportunity of hearing a variety of opinions expressed and discussed.
18. Students are eligible to start the course of lectures and seminars at any time after they have been recommended for registration as students and on the recommendation of their training analysts.
19. Members of the Institute may not attend students' lectures and seminars. Associate Members may attend lectures but may not attend seminars without written permission of the Training Committee.

F. SUPERVISION OF CLINICAL WORK

20. Students are required to do not less than two years of clinical work under supervision and to treat not less than two patients, one man and one woman. Treatment should be carried out 5 times a week for a minimum of 40 weeks a year. Generally this would mean that the first case is treated at least for 2 years, the second at least for 1 year.
21. The time at which students start their clinical work will depend on the course of their personal analysis and their degree of clinical experience. It will normally be some time during their first year's course of lectures and seminars or the beginning of their second year, and while their personal analysis is still in progress. In the event of a student having terminated his personal analysis before starting work under supervision, it would normally be expected that he would undertake further personal analysis before qualification.
22. With the agreement of the Training Committee, a student may start a second case under supervision on the recommendation of his training analyst and the supervisor of his first case at any time after he has completed three months' work with his first case.
23. Whilst every endeavour is made to meet the wishes of a student and his training analyst in selecting the supervising analyst for a student's first case, the Training Committee reserves to itself more freedom of action in selecting the supervisor for the second case. When the student's analyst and first supervisor are closely identified with a particular point of view, the second supervisor will be selected from the 'Middle Group'.
24. Cases for supervision will normally be selected from the Clinic's list by the Director in consultation with the analyst who will be supervising the case. Patients should not be under the age of 20.
25. In certain cases where a student is in financial difficulties the Training Committee may permit him to take as his second case under supervision a private patient. Such permission will be given only to students who are medically qualified and have had good psychiatric and psychotherapeutic experience. They will be required to pay to the Institute tuition fees for cases coming under this rule. The suitability of the patient for supervision purposes will be decided by the Training Committee.
26. No fees are charged to students for supervision. Supervisors are asked to take one student without payment. For students in excess of one they will be paid by the Institute at a rate to be determined by the Board.

G. PSYCHIATRIC EXPERIENCE

27. Students who are medically qualified are required to complete or to have completed, not less than twelve months' half-time work in a mental hospital or psychiatric out-patient clinic, half of which time may be spent in child psychiatry.

H. TRAINING IN CHILD ANALYSIS

28. Students wishing to specialise in child analysis are required to treat child patients under supervision for at least eighteen months. Not less than three children must be treated, one each in the age groups 2 to 5, 6 to 12, and 13 to 17.
29. Such training may be begun only under the following circumstances:
 - (a) The student has completed one year's work with adult patients under supervision.
 - (b) He has had his second case under treatment for at least three months.
 - (c) Both supervisors recommend his proceeding to child work.
30. Patients will normally be clinic patients but paying patients may be taken under the same conditions as rule 25 above.
31. If the student of child analysis is already qualified to treat adult patients he may take private paying patients for his work under supervision. In such circumstances he will be required to pay his supervision fee himself. The suitability of the patients for supervision purposes will be decided by the Training Committee.

I. PRIVATE PRACTICE OF STUDENTS

32. The Institute does not place restriction on the medical practice of students who are medically qualified. Notwithstanding this the student remains under the obligation not to call himself a psycho-analyst.
33. Private psycho-therapeutic practice is not permitted in the case of lay students.

J. ATTENDANCE AT SCIENTIFIC MEETINGS.

34. On the recommendation of the Training Committee a student may be invited to attend Scientific Meetings as a guest as soon as he shall have started one patient under supervision.

K. STUDENTS FROM OVERSEAS

35. Students coming from countries in which there is already a training Institute cannot be considered for training unless the training Institute of their country concurs.
36. The selection procedure for overseas students will be identical with that for students from the U.K. as described in Section A, paragraphs 1 to 6. Notwithstanding this, provisional acceptance may be given if sufficient evidence is available.
37. Students will not be accepted unless they can give assurance that they will be able to complete the whole course of training. Should a satisfactory arrangement be made to enable them to complete their training in another country, students from overseas may be accepted for training providing they can complete not less than two years in this country.

38. Fees chargeable to British subjects from the Dominions and Colonies will be the same as for those from the United Kingdom.
39. Overseas analysts wishing to come to London to undertake further training can be admitted as post-graduate students at the discretion of the Training Committee.

L. SELECTION OF TRAINING ANALYSTS

40. In making a decision regarding an analyst nominated to undertake training, the Committee will be guided above all by the analyst's competence, but will also take account of the training needs of different groups.
41. Before an analyst is selected to undertake the personal analysis or supervision of students or to give practical seminars he should:
- (a) Have had a minimum of 5 years' analytical experience after qualifying.
 - (b) Have participated in the work and Scientific Meetings of the Institute actively enough to permit of members of the Training Committee getting to know something of his personality, outlook and analytic understanding.
42. The Committee reserves to itself the right in exceptional cases to recognise analysts with less than 5 years' experience should their work merit it and training demands be heavy.

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