THE INSTITUTE OF PSYCHO-ANALYSIS

(THE LONDON CLINIC OF PSYCHO-ANALYSIS)

REPORT

for the Year ending 30th June, 1947

%, GLOUCESTER PLACE W.1

THE INSTITUTE OF PSYCHO-ANALYSIS

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REPORT

for the Year ending 30th June, 1947

96, GLOUCESTER PLACE W.1

INSTITUTE OF PSYCHO-ANALYSIS

Registered Office: 96, GLOUCESTER PLACE, W.1

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(1946-1947)

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COENRAAD GOMPERTS.

May Warburg (Mrs.).

IRENE HELLMAN.

REPORTS 1946-1947

REPORT OF THE CHAIRMAN

Norder to present a comprehensive report from a general point of view of the British Psycho-Analytical Society and the Institute of Psycho-Analysis, it is necessary to consider the internal organisation of the two bodies, and also their external relations with other Institutes who have interests in common.

In the first place I will speak of the welfare of the internal organisation.

It is now three years since a modification of the rules and regulations governing the Society was introduced following the disorganisation which was the result of war contingencies. At one time it seemed that the alteration of the constitution and the presence of scientific differences of opinion might bring about a split in the Society. Instead of being the occasion of a split, the third year of the new administration has witnessed the realisation of a reunion on the basis of a common foundation and an acceptance of the necessity to recognise differences of opinion in a progressive Society. The acceptance of these principles has led to a reorganisation of training which will be referred to in the Training Report.

While there is achievement to be recognised in this state of affairs, much work remains to be done by maintaining constant observation and discussion on methods of adapting training to the best advantage of students, since it is complicated by a dual approach. It is also useful to bear in mind that the organisation as a whole is passing through a transitional phase similar to that which all other Institutions are experiencing.

Any activities amongst members and associates which make opportunities for working together on psycho-analytical subjects will promote understanding. For this reason I welcome the idea that small groups of three shall work on chosen subjects for the Index. I would suggest that associate members might take a lead in some of these groups, as it would be one way of gaining experience in teaching psycho-analysis before training is undertaken. It is also an opportunity for research in methods of teaching theory.

The revision of the Rules of the British Psycho-Analytical Society which took place three years ago paved the way for a revision of the Memorandum and Articles of Association of the Institute. As you already know, the Board has been working on this revision for the last two years and a draft of the proposed new constitution was laid before a meeting of members earlier in the year, and was accepted in principle. The draft had to be submitted to Counsel before the final form could be settled. Counsel has made a number

of suggestions, involving in some instances considerable modification of the original proposals. Members will be advised when the form of the constitution is finally drawn up for submission to the Board of Trade.

Members were informed at the Business Meeting called for the purpose of discussing the new constitution that one of the main reasons for altering the constitution was the increase in the number of students in training and the necessity which arose for the Institute to organise and subsidise training, taking into account the interests of students and staff. When it was once decided that the constitution should be modified it was essential that the future of the Institute should be considered as well as the demands of the immediate situation, and the new proposals have been formulated with the intention of providing for the development of the interests and activities of the Institute of Psycho-Analysis.

The increase in the training activities which will be reported on in detail by the Training Secretary, raises a number of questions connected with the second point to be considered in this report, namely, our relationship to other bodies or Institutes that have an interest in common.

During the three years in which the present administration has been in office there has been cordial co-operation between the Institute of Psycho-Analysis and the Tavistock Institute of Human Relations and the Tavistock Clinic and to a less defined degree with the Maudsley Hospital where several members of the Institute hold important posts.

Our external relations with the Continental Societies were proved to be excellent at the recent Conference at Amsterdam, and I hope that next year there will be an opportunity to meet members of the Continental Societies again and also members of the American Institutes.

In conclusion I should like to refer to the grave losses which the Psycho-Analytical Association has sustained this year by the deaths of Dr. Fenichel, Dr. Kasanim, Dr. Ruth Mache Brunswick, Dr. Hans Sachs and Ella Sharpe. They were all outstanding personalities who have made valuable contributions to psychoanalysis.

In vacating the Chair after three years of office I want to express my great appreciation of the support which I have received from my fellow officers and members of the Board and from the Society as a whole. The Board meetings have been a pleasure, although there were more of them than could be fully appreciated, and the meetings of the Society have been easy and enjoyable for the Chairman because of the cordial atmosphere. I hope that the incoming Chairman will have as easy a time as I have experienced.

REPORT OF THE DIRECTOR OF THE LONDON CLINIC OF PSYCHO-ANALYSIS

(Adult and Child Departments)

During the current year, the Clinic consultations have remained at about the level of last year—148 this year, 147 last year. They were carried out by myself and Dr. Rosenberg, until she had to give up work temporarily in November, 1946. Since then I have been fortunate to have the assistance of Dr. Debenham to cope with the situation created by Dr. Rosenberg's absence. I am glad to say that Dr. Rosenberg is now back at work, and her return is very welcome. Dr. Debenham is also continuing meantime, with a view to wiping off the consultation waiting list before the summer holiday.

Much fuller records are now being made of Clinic consultations and with this aim in view a new form has been introduced in place of the old cards. The new record extends to four foolscap pages, but it is hoped that the use of headings makes it easy to extract any desired information quickly. To facilitate reference, the records will now be kept in foolscap folders instead of in envelopes, and a new filing cabinet has been obtained.

Another innovation has been the attempt to secure regular six-monthly reports from analysts and students on the clinic patients under their treatment, as well as a final report when the patient has been discharged. The response to my request for the return of these forms has been highly gratifying, and if it continues at the same level of co-operation, we should in the course of time be able to collect valuable data in this way. At the moment it is too early to make any comments on the returns.

				16	147
				Male	Female
Total number of atte	ndance	S	 148	81	67
Repeat attendances			 26	17	9
New attendances			 122		

The 148 patients were dealt with as follows at the time of examination:—

		Mala	Female
Advised	73	44	29
Recommended treatment	75	40	35
Offered private vacancies at nominal			
fees	15	10	5
Put on waiting list	60	28	32
Of these last, given clinic vacancies	15	8	7
Clinic vacancies offered to patients on			100
waiting list prior to June, 1946	8	2	6

Diagnosis.

The following is the provisional diagnosis of the 75 who were recommended treatment. It is subject to revision after treatment has begun.

				Male	Female
Anxiety Hyster	ia	 	 23	9	14
Conversion Hy		 	 * 5	3	2
Hysteria		 	 6	1	5
Obsessional Ne	urosis	 	 13	8	5
Depression		 	 4	1	3
Character		 	 12	6	6
Impotence		 	 1	1	- 1
Frigidity		 	 2	- 1	2
Homosexuality		 	 1	1	-
Perversion		 	 2	2	
Fetishism		 	 1	1	-
Psychopath		 	 4	3	1
Migraine		 	 1	-	1

Treatment.

There are 73 adult patients under treatment. Of these 30 are with candidates and 43 with Members and Associate Members.

Waiting List.

The number of patients on the Waiting List at the end of the year is 51, as compared with 54 last year.

Child Department.

Dr. Winnicott reports that in the course of the year five children were under treatment by members.

REPORT OF THE TRAINING COMMITTEE

Organisation of Training Courses.

It will be recalled that following a meeting of the Society in June, 1946, an *ad hoc* committee was constituted to advise on arrangements which would permit Miss Freud and her associates to take a more active part in training. This committee forwarded its report to the Council and Training Committee at the end of November. The report was accepted and implemented forthwith. Its main recommendations were as follows:—

(a) Courses of Lectures and Seminars.

Whilst most lectures would be common to all students, two parallel courses of seminars would be organised for each year, designated Courses A and B respectively. Parallel courses on child analysis would also be organised for third year students. Importance was attached to the principle that students of one course could attend seminars of the other course as guests, and that the course of practical seminars, which would be attended by all third year students, would be taken by six analysts, two from Miss Freud's group, two from Mrs. Klein's and two from the middle group.

(b) Allocation of Students for Personal Analysis.

Students would so far as possible be allocated to the analyst of their choice. When a student expresses no preference as to whom he should go to, he should be allocated to a member of the middle group.

(c) Selection of Training Analysts.

Recommendations under this head are dealt with later in this report.

(d) Supervision of Students' Clinical Work.

When a student's analyst and first supervisor are closely associated with a particular group, the second supervisor should, whenever possible, be a member of the middle group.

Lectures and Seminars.

A full statement of lectures and seminars given during the year is appended. Plans for next year are still under review in the light of criticisms and proposals advanced by students at a meeting with the Training Committee on 11th June.

Financial Assistance to Students.

Seven students have been in receipt of training grants during the year. One student has occupied a clinic vacancy and so paid low fees, whilst two other students have between them occupied another vacancy and so paid half fees. Of the seven students in receipt of grants, six are still in training and one likely to require further assistance. It is the policy of the Committee to set high standards for the awards of grants and clinic vacancies.

Standing Rules of Training Committee.

In order to codify the training procedure which has been agreed by the Committee during past years, standing rules are being drawn up. These have been considered in draft form by the Committee and will be passed to the new committee which will be elected. As soon as agreed, it is suggested that they be circulated to members so that the Committee's procedure is clearly known in the Society.

Applicants.

Fifty-three applicants for training have been interviewed during the year, an increase of 22 over the previous year; 33 were medicals and 20 lay. The increase in medically-qualified applicants during the past two years is very striking. Compared to this year's 33 there were 18 last year and only 13 the year before that (1945/46). In addition to the 53 serious applicants a considerable number of enquirers were interviewed.

Of the 33 medical applicants, 17 were accepted, on 2 a decision was deferred and 14 were rejected. In addition, one other medical about whom a decision had been deferred the previous year, was accepted. Of the 20 lay applicants 5 were accepted, on one a

The quality of applicant coming forward has decision was deferred and 14 were rejected. This gives an very satisfactory and has included a number of the younger Service psychiatrists. Even so, owing to the war, the acceptance rate of about 50 per cent. for medicals and 25 per cent. majority of students are getting on in years. for lay applicants. remained

Students applying to resume Training.

One medically-qualified student, who was in training at the outbreak of war but has been out of London since, has applied for and been accepted to resume training.

Students starting Training during the Year.

With only two exceptions all those who were accepted have accepted the previous year started their training in the Autumn. started their training during the year. In addition, eight of those Details are as follows:

Students deferred in 1945/6 and later accepted Students resuming training Students accepted, 1945/6 Students accepted, 1946/7

one for financial and the other for health reasons. Even so, the balance of 27 is more than double the number starting the previous Three of these have subsequently interrupted their training, one through resignation, and two it is hoped only temporarily, year, when only 12 began or resumed training.

Students in Training in London.

and Mrs. Sandford) have been qualified during the year, leaving 18 students resumed or started their training during the year, of whom On the 30th June, 1946, there were 22 students in training, 3 have subsequently resigned or suspended, leaving 27 newcomers in all. Forty-five students are thus in training at the present cations continue to be received, the number under training in the Of these, 4 (Dr. Segal (née Poznanska), Dr. Fieldman, Dr. Ezriel moment, and since 2 are transferring from Manchester and applito continue their training next year. As already reported, Autumn will be about 50. About 70 per cent. are medicals.

During the past year students taking lectures and seminars were distributed as follows:

Second year Third year First year Next year the figures will be approximately equal for each of the Three students who have three years, namely 10 to 12 in each.

completed their third year will continue their clinical work under supervision. There will then be between 25 and 30 students taking cases under supervision.

It may be of interest for Members to know that amongst our Two others are from Egypt, one medical and the other a psychologist, and one a German who plans to return to his native are from India, one psychologist and the other starting his medical 50 odd students there are 5 who expect to practise abroad.

Post-Graduate Students, etc.

Three Associate Members of the British Society are undergoing training in child analysis. One of our Members has recently begun his clinical training and for this purpose comes under the auspices of the Training Committee. A psychologist from the United States is at present a guest student in this country with a view to specialising in child analysis.

Appointment of Analysts to Undertake Training and Supervision.

to place on record its gratitude for the outstanding services she The Institute has suffered greatly in the loss through death It wishes rendered. Miss Sharpe's last course of seminars to second year students in the Lent Term was, like all her previous courses, very greatly appreciated by the students and her place as a teacher will of Miss Sharpe, one of its most experienced analysts. be very hard to fill.

Considerable attention has been given to the criteria to be adopted for selecting analysts for training. The ad hoc committee give practical seminars, he should have had a minimum of five previously referred to recommended that, before an analyst is selected to undertake the personal analysis or supervision of students or to years' analytic experience after qualifying and have participated in the work and scientific meetings of the Institute actively enough to permit of members of the Training Committee getting to know It was recognised that in suitable cases and when training demands something of his personality, outlook and analytic understanding. were heavy, exceptions to the five year rule would be necessary. In view of the very great importance of this matter the outgoing Committee hopes that its successor will give it further attention.

Training in Manchester.

Christmas that Dr. Gross had decided to accept an invitation to go to the United States. Discussions took place with Members It was with regret that the Training Committee heard last of the Manchester group and it was finally decided that there was no option but to terminate training there. Of the four students training in Manchester in the Autumn, one, Dr. Dale, has recently been qualified, two are removing to London and will start courses here in the autumn and the fourth is continuing his personal analysis in Manchester.

APPENDIX

List of Lectures and Seminars delivered during the year

Autumn Term, 1946.	
Dr. K. Friedlander: 8 Lectures on "The Psycho-	
pathology of the Neuroses " 2nd ye Dr. J. Rickman: 8 Seminars (Adult cases), Courses A	ear
Dr. J. Rickman: 8 Seminars (Adult cases), Courses A	
and B 1st and 2nd your Miss A. Freud: 5 Seminars, Course B 1st and 2nd you	ear
Mrs. Isaacs: 3 Seminars (Child and Adult cases).	
Courses A and B 3rd years. Dr. Balint: 2 Seminars (Child and Adult cases),	ear
	201
	cal
Lent Term, 1947.	
Miss I. Hellman: 9 Lectures on "Child Development" 1st ye Miss A. Freud: 8 Lectures on "Principles of Psycho-	ear
Analysis " 1st yo	22.15
Analysis " 1st your Mrs. M. Milner : 6 Seminars on "Dreams," Course A 1st you	
Miss A. Freud: 8 Seminars, Course B 1st. 2nd and 3rd ve	ear
Dr. W. C. M. Scott: 8 Lectures on "The Psycho-	
pathology of the Psychoses " 2nd ye	
Miss E. Sharpe: 5 Seminars, Course A 2nd ye	ear
Dr. P. Heimann: 8 Lectures on "Later Development in Theory" 3rd ye	22.5
Dr. S. Pavne, Dr. M. Balint and Mrs. M. Klein:	saı
6 Seminars 3rd ye	ear
6 Seminars 3rd ye Dr. D. W. Winnicott : 6 Seminars, Course A 3rd ye	ear
Summer Term, 1947.	
Dr. S. Payne: 8 Lectures on "Introductory Technique" 1st yo	ear
Miss A. Freud: 8 Lectures on the "Principles of	
Psycho-Analysis '' 1st ye Dr. R. Usher : 5 Seminars, Course A 1st ye	
Dr. R. Usher: 5 Seminars, Course A 1st ye	ear
Dr. Hoffer, Miss Freud and Dr. Lantos: 6 Seminars,	2021
Course B 1st, 2nd and 3rd ye Dr. M. Balint: 8 Lectures on "The Theory of Instincts" 2nd ye	sai ear
Dr. P. Heimann: 8 Seminars, Course A 2nd yo	ear
Dr. J. Rickman and Dr. M. Balint: 4 Lectures on	
"The works of Abraham and Ferenczi" 3rd ye	ear
Dr. K. Friedlander, Miss A. Freud and Mrs. H. Hoffer:	1
6 Seminars 3rd yo Mrs. M. Klein : 6 Seminars 3rd yo	
Mrs. M. Klein: 6 Seminars 3rd ye	dl

REPORT OF THE BUSINESS SECRETARY

The Board of Directors has met at fortnightly intervals throughout the year. Apart from other business there have been two major problems which have occupied much time and consideration, namely the Draft of the new constitution, and the

future of the Journal. Moreover, in connection with each of these topics, an Extraordinary Business Meeting of the Institute has been called in which the proposals recommended by the Board have been put before members for discussion, and their opinions recorded by vote.

The Draft of the new Memorandum and Articles of Association was circularised to all Members, Associate Members and Students, and at the meeting the main new lines of policy were discussed and voted upon. Associate Members and Students were present by invitation in order that their opinions on the subject in hand could be ascertained, though by the constitution of the Institute they were not able to record their votes. After lengthy discussion the Draft was endorsed by the meeting. Following this, the document was sent to our solicitors, and they in turn obtained Counsel's opinion upon it. This has brought various legal difficulties to light, necessitating considerable changes in the Draft as it stands.

The second Extraordinary Business Meeting was concerned with the future of the Journal. Various proposals, put forward by the Board, in connection with the development of the international character of the Journal, and extension of its sphere of usefulness, were considered. The meeting showed itself in favour of these. Subsequently an informal meeting of some members of the British and European Societies was held during the Amsterdam Conference. It was then agreed that, as a temporary arrangement pending the decision of the American Societies with regard to their future policy, the British Society should continue to be responsible for the management and finance of the Journal, and that Dr. Hoffer and Dr. Clifford Scott should be appointed to act as co-editors with Dr. Adrian Stephen.

The work of the Institute has been steadily increasing and this, in itself, has produced problems, especially with regard to accommodation. In particular the number of treatment rooms has proved insufficient during "the rush hours," that is, between 5 and 7 p.m. The House Committee considered how best to meet this difficulty, with the result that the Board has agreed to the Clinic remaining open till 8 p.m., so that such rooms as are not required for lectures and seminars will be available for treatment up till that hour.

The work of the office has likewise increased and this has necessitated reorganisation. Mrs. Neurath was obliged to give up work last August, and her place has been taken by Miss Drescher. In addition we have Miss Elliott, full-time, and Mrs. Brightman, half-time, to assist in the office.

Publications.

No new books have been published this year. Many of our publications are still out of print; some have been reprinted during the year, and others are in the process of rebinding.

Clinical Prize Essay.

There has been one entrant this year, namely Dr. Melitta Sperling, of the New York Psycho-Analytical Society. She has been awarded the prize of £20 for her essay, entitled, "The Analysis of an Exhibitionist."

Students' Prize Essay.

There have been no entrants. In future the competition is to be thrown open to students of all the medical schools of Great Britain.

REPORT OF THE ACTING LIBRARIAN

In April, 1946; the Librarian, Mr. Money-Kyrle, was obliged to resign from office on account of taking up duties with the Control Commission in Germany. I was then elected Acting Librarian, and am therefore presenting the report.

The Library has been made a more comfortable place in which to work. We now have new tables, improved lighting and matting on the floor. Moreover, with the money which Professor Adrian so kindly presented to us (his fee for the first Ernest Jones Lecture) we have bought a handsome electric clock.

The great increase in the number of books has made a new catalogue and rearrangement necessary. We have endeavoured to obtain expert aid in this matter, but so far have been unsuccessful. We hope that before long we shall be able to engage part-time professional assistance.

As the number of Members and Candidates has grown there has come a greater demand for Journals of various kinds, but especially for those concerned with Psycho-Analysis, and we are aiming at getting three complete sets of the International Journal in the Lending Library, in addition to the set in the Glover Library. Binding is a difficulty, and it has not been possible to get books bound during the war years, but we are gradually catching up with it. Unfortunately, some of the parts of several journals for the war years are missing, and until the checking is completed they cannot be replaced. We have only two copies of Vols. XXI and XXII of the International Journal, and they cannot be obtained complete from the publisher, so I would like to take this opportunity of appealing to members to give copies of these for the Library.

Miss Sharpe has begueathed her books to the Library, including many interesting and valuable books which we had not already

got, and a complete set of the International Journal.

A number of books are missing from the Library, some having been taken from the locked shelves. This is a serious matter, and I must ask all Members and Candidates not only to be very particular about entering books in the Borrowers' Book, but also to look among their books and make sure that they have not got these at home.

A good many new books have been added to the Library. We are very grateful for those which have been presented to us,

ACCOUNTS

THE INSTITUTE OF

BALANCE SHEET.

Sundry Creditors	£ sd.	£ s.	d.
Bibliographical Centre— Balance as at 31st December, 1945		167 17	
CLINICAL ESSAY PRIZE FUND— As at 31st December, 1945 Add Proportion of Interest as allocated by Honorary Treasurer	964 12 0 · 25 0 0	989 12	0
Special Extension Reserve— As at 31st December, 1945	600 0 0 700 0 0	1,300 0	
Reserve for Deferred Repairs— As at 31st December, 1945 Less Cost of Repairs during the year	519 4 10 29 14 5	489 10	5
Bequest from the late Mrs. D. M. Fulford—value received to date		20,814 18	
Special Grant Training Fund— Gift received during the year		5,000 0	0
Surplus Account— As at 31st December, 1945 Add Income Tax recoverable in respect of previous year Profit on sale of Birmingham Ground Rents Balance from Journal Income and Expenditure Account Excess of Income over Expenditure per account annexed	378 11 3 580 0 0	,	
		23,444 18	0

We report to the Members of the Institute of Psycho-Analysis that we have examined the above Balance Sheet with the books of the Institute. We have accepted accounts rendered by Messrs. Baillière, Tindall & Cox with respect to items relating to the International Journal of Psycho-Analysis. Subject to the foregoing remark we have obtained all the information and explanations we have required and are of the opinion that the Balance Sheet is properly drawn up so as to exhibit a true and correct view of the Institute's affairs at 31st December, 1946, according to the best of our information and the explanations given to us and as shown by the books of the Institute.

(Signed) PRICE, WATERHOUSE & Co.

3, Frederick's Place, Old Jewry, London, E.C.2.

20th October, 1947.

£53,197 2 0

PSYCHO-ANALYSIS

31st DECEMBER, 1946

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		-	s.	d			_1
	Leasehold Premises at Cost, less Depreciation—	7.	٥.	u.	*	S	d.
	As at 31st December, 1945	916	7	11			
	Less Depreciation, 1/10th of Cost	101	16	5			
	F	-	-	_	814	11	6
	Furniture and Fixtures at Cost, less Depreciation—As at 31st December, 1945	170	_	4			
	As at 31st December, 1945 Add Additions during the year	178 56		1 7			
			3				
		234	10	8			
	Less Proceeds of Sale during the year £3 17 9						
	Depreciation at 10% 23 0 1						
		26	17	10			
		-		-	207	12	10
-					1,022-	1	-
	Deduct Proceeds of Fire Insurance, Claim on Premises,				1,022	4	4
	Furniture, etc., etc.	964	12	6			
	Less Expenditure to date on repairs and replacements	469	16	5			
		10	-	-	494	16	1
							-
	INVESTMENTS AT COST—				527	8	3
	As at 31st December, 1945 3	3,292	10	1			
	Add Investment made during the year (market value,	7757		991			
	£44,025 17s. 9d.)	9,003	7	0			
	GROUND RENTS, BIRMINGHAM, AS VALUED BY SURVEYOR—		-	_	42,295	17	1
		7,441	0	0	1		
1		2,320	0	0	* TO		
l.				_	5,121	0	0
	Training Loans—				5,121	U	U
	As at 31st December, 1945	997	10	3			
	Less Repayments during year £121 0 0						
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		221	0	0	-		
	Contributions towards cost of Books published on				776	10	3
	BEHALF OF THE INSTITUTE, LESS ROYALTIES—						
	As at 31st December, 1945	134	16	9			
	Less Royalties received during year	85	15	10			- 1
		-	-	-	49	0	11
à.	SUNDRY DEBTORS AND PAYMENTS IN ADVANCE				2.250	1	0
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	Cash at Bank				2,177	3	10

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PSYCHO-ANALYSIS

for the Year ended 31st December, 1946

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