

SCIENTIFIC MEETING
December 3rd, 1937

(closed meeting)

Total attendance: 12 members & perm.guests

Dr.Simmel presiding

Speaker: Dr.David Brunswick

Subject: Review of Freud's Die Endliche & die Unendliche Analyse
("Terminable and Endless Analyses")

In general the paper is a reaction to the attempts to shorten the duration of analysis therapy. Freud's opinion is that it cannot be shortened, must even be deepened in order to be really effective. He discusses the factors that tend to limit its depth and effectiveness, and concludes by showing that there is a practical, as well as theoretically grounded end-point for most well-conducted analyses.

There are eight sections to this paper:

- I. Attempts to shorten analysis.
- II. The question whether there is a natural end to an analysis-leading to (a) attempt to (a) define the end, (b) enumeration of etiological factors causing difficulties (strength of instinct & deformation of ego), (c) three questions concerning what we expect of analysis anyway.
- III. He takes the first of these last question and answers it in relation to strength of instinct as a difficulty.
- IV. Answers question (2) whether patient can be protected against future instinct conflicts and (3) whether it is practical to awaken a latent instinctual conflict for purposes of prophylaxis.
- V-VI. Discusses Deformation of the ego through defense mechanisms, also other resistances or factors causing difficult analysis, and emphasizes once more relations of the two types of instincts, especially the destructive instincts.
- VII. The factor of the depth or completeness of analyst's own analysis, as contributing to difficulties of patient's analysis.
- VIII. The thorough analysis of the castration complex as end-point in analysis.

(from speaker's notes)

Discussion: Leonard, Montgomery, Simmel, Deri.

Simmel: Paper not written for purpose of technique but for study of what is a complete or incomplete analysis; it is of interest to practicing analyst only. Is patient analyzed in spite of his cure? Ego reactions were formerly little studied; the center was on symptoms. Character changes are more the center of attention now; also the forms of neuroses are changed due to the influence of

UNITED STATES DEPARTMENT OF JUSTICE
WASHINGTON, D. C. 20535

MEMORANDUM FOR THE DIRECTOR

DATE: 11/21/58
TO: SAC, NEW YORK
FROM: SAC, PHOENIX
SUBJECT: [Redacted]

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the psychoanalytic movement; thus the whole problematic is changed. The manifold defence mechanisms of the ego make ego-analysis more imperative. Deformation of the ego serves to adapt to reality; again the defence mechanisms are a secondary danger to the ego. The quantitative factor always has to be taken into consideration. How much anxiety the patient is to bear during treatment is an economic problem and has to be taken into consideration by analyst.

The question whether a neurotic conflict is solved depends on the analytical material. Freud does not remind himself of what a cure is. Only criteria for cure is attainment of genital level and fulfilling of sexual demands on genital level. Danger of relapses is based on quantitative moment; too great demands break down the ego. In psychosis ego can't become deformed any more, it breaks down. The aim of the ego is to defend itself against reality and to consider demands from the id.

A future conflict can be actualized. Passive patients are forced into activity. More is known about the passive destructive tendencies. Immunity against future relapses depends on the quality of success. In Child analysis can be successful but due to unfinished ego the child can relapse if he is again exposed to the old traumatic environment.

An analysis of the castration complex is a matter of course to every analyst. Castration fear has to be analyzed before libido can become released for genital strivings. After mastery of the castration fear the patient has to make the proper identification.

Deri: The analysis is finished if the oedipus complex is thoroughly analyzed; the castration complex is always a derivative of the oedip. complex. - If later conflicts are solved as prototype to infantile conflict, then person is neurotic. - Compromise cures are effected by complementary adjustment in reality (a masculine woman marries a feminine man).

Adjournment.