

STATE UNIVERSITY OF NEW YORK
COLLEGE OF MEDICINE AT NEW YORK CITY

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BULLETIN OF INFORMATION
PSYCHOANALYTIC INSTITUTE

ACADEMIC YEAR
1953 - 1954

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DEPARTMENT OF PSYCHIATRY
STATE UNIVERSITY MEDICAL CENTER AT NEW YORK
606 WINTHROP STREET
BROOKLYN 3, NEW YORK

Jan Frank, M.D., Lecturer.

Paul Goolker, M.D., Lecturer

Edward Liss, M.D., Lecturer

Eugene Milch, M.D., Lecturer

William Needles, M.D., Lecturer

Warner Muensterberger, Ph.D., Lecturer (Anthropology).

EXECUTIVE COMMITTEE

Sandor Lorand, M.D., Chairman.

Mark Kanzer, M.D., Secretary.

Abraham A. Fabian, M.D.

Richard L. Frank, M.D.

Sylvan Keiser, M.D.

David M. Engelhardt, M.D. (Advisory).

Howard W. Potter, M.D. (Advisory).

EDUCATIONAL COMMITTEE

Sylvan Keiser, M.D., Chairman.

Richard L. Frank, M.D., Secretary.

Ludwig Eidelberg, M.D.

Jan Frank, M.D.

Mark Kanzer, M.D.

Sandor Lorand, Ex-Officio

OFFICERS

Sandor Lorand, M.D., Clinical Professor of Psychiatry - Director.

Abraham A. Fabian, M.D., Clinical Associate Professor of Psychiatry - Secretary.

PSYCHOANALYTIC FACULTY

Sandor Lorand, M.D., Clinical Professor of Psychiatry, Associate Visiting Psychiatrist, Kings County Hospital.

Richard L. Frank, M.D., Clinical Professor of Psychiatry, Associate Visiting Psychiatrist, Kings County Hospital.

Abraham A. Fabian, M.D., Clinical Associate Professor of Psychiatry, Associate Visiting Psychiatrist, Kings County Hospital.

Mark Kanzer, M.D., Clinical Associate Professor of Psychiatry, Associate Visiting Psychiatrist, Kings County Hospital.

Sylvan Keiser, M.D., Clinical Associate Professor of Psychiatry, Associate Visiting Psychiatrist, Kings County Hospital.

Melitta Sperling, M.D., Clinical Associate Professor of Psychiatry, Associate Visiting Psychiatrist, Kings County Hospital.

Otto Sperling, M.D., Clinical Associate Professor of Psychiatry, Associate Visiting Psychiatrist, Kings County Hospital.

Max Schur, M.D., Clinical Associate Professor of Psychiatry, Assisting Visiting Psychiatrist, Kings County Hospital.

Ludwig Eidelberg, M.D., Clinical Associate Professor of Psychiatry.

William A. Console, M.D. Clinical Assistant Professor of Psychiatry, Assisting Visiting Psychiatrist, Kings County Hospital

Jacob Arlow, M.D., Clinical Assistant Professor of Psychiatry.

Sidney Tarachow, M.D., Clinical Instructor in Psychiatry, Clinical Assistant Visiting Psychiatrist, Kings County Hospital.

Robert Savitt, M.D., Clinical Instructor in Psychiatry, Clinical Assistant Visiting Psychiatrist, Kings County Hospital.

6. A personal analysis with an accredited training psychoanalyst indicated not less than one year prior to admission to formal training.

7. A signed statement pledging the applicant neither to conduct psychoanalytic treatment nor to represent himself as a practitioner of psychoanalysis until he is authorized to do so by the Executive Committee of the Psychoanalytic Institute.

8. Physicians who are registered in, or who have completed the course in graduate training in clinical psychiatry given by the State University College of Medicine and its affiliated hospitals or who are members of its faculty, are given priority in admission.

Applications:

1. An application form for training in Psychoanalytic Medicine may be procured from the office of the University's Department of Psychiatry at Kings County Hospital, 606 Winthrop Street, Brooklyn 3, New York. It should be filed prior to February 1st for admission to the Institute the following October. Applications must be submitted in duplicate and mailed to the Department of Psychiatry with the pledge and application fee of \$25.00.

2. An application may be filed upon completion of one year of residency training in psychiatry, but candidates in training may not register for courses in the Institute prior to completion of their second year of residency.

3. Applicants are accepted provisionally for training in psychoanalysis only upon favorable action by the Executive Committee of the Psychoanalytic Institute. In estimating an applicant's suitability for psychoanalytic training, consideration is given to his medical school record, his performance during his internship and residency and the data of personal interviews with members of the psychoanalytic faculty. Registration as a candidate in training is dependent upon a favorable report of his training analyst who shall have conducted the personal analysis of the applicant for at least ten months.

The duration of the personal analysis depends upon the therapeutic need of the analysand. Five analytic sessions weekly are considered optimum for the analysis.

4. Candidates in training are admitted but once a year at the beginning of the fall semester.

Credits:

The University will award a certificate of training in psychoanalysis to candidates who have completed satisfactorily the required course of study. Before a certificate is issued the Director of the Psychoanalytic Institute must certify to the Executive Officer of the Department of

Psychiatry that the candidate has acquired the necessary training and skill to carry out independent psychoanalytic therapy.

Fees:

Review of application for admission, \$25.00; fee to be submitted with application and is not returnable.

Tuition, \$500.00 annually, payable quarterly on the first day of October, January, April and July. Checks are made payable to the State University of New York.

Fees for personal analysis are determined by mutual agreement and paid directly to the training analyst.

Maintenance of Academic Standards:

The University reserves the right to suspend or dismiss any candidate who fails to maintain high professional and scholastic standards or who is found to be unsuitable for further psychoanalytic training.

Academic Calendar:

The academic year is divided into two semesters of 18 weeks each. The fall semester begins on the first Monday in October; the winter semester on the first Monday in February.

CURRICULUM

The curriculum is comprised of didactic instruction and supervised clinical practice in psychoanalytic therapy and analytically derived psychotherapy supported by case seminars and supervisory sessions.

The didactic instruction includes the historical development of psychoanalysis, the instinct theory, the theory of dream interpretation and reading seminars devoted to the writings of Freud and his contemporaries and related material in the current literature on psychopathology and psychodynamics.

Supervised clinical practice during the first year and part of the second focuses upon analytically derived psychotherapy with selected patients in the Psychotherapy Clinic. This work centers on adults, but each student is required to treat at least one adolescent. Supervision is exercised through case seminars conducted at the close of each clinic session. Students are required to attend at least three clinic sessions per week for not less than ten months per year and are expected to carry in treatment a minimum of three patients at any one time. A minimum total of six hundred hours of analytically derived psychotherapy is required.

Supervised psychoanalytic therapy with patients in the Psychoanalytic Clinic usually begins at some time during the second year of psychoanalytic training and may be undertaken only upon the recommendation of the Educational Committee. Each student is required to analyze not less than three

patients under the supervision of at least two different supervising psychoanalysts. The student is required to pursue supervised psychoanalytic treatment of patients until it is clear that he has attained competence in psychoanalytic therapy.

The Psychoanalytic Institute requires that the student pursue his analysis with a psychoanalyst approved by the Educational Committee of the Psychoanalytic Institute until the student's psychoanalyst reports that the analysis may be terminated. The student's analyst will submit a report twice a year on the student's progress in analysis to the Educational Committee of the Psychoanalytic Institute.

FIRST YEAR PROGRAM

601 - Basic Concepts of Psychoanalysis

Dr. Otto Sperling.

The theory of instincts; structure of the psyche; concept of the unconscious; structure of personality; meaning of fixation, sublimation; regression, etc.; motives and mechanisms of defense; concepts of trauma; ego strength and the neurotic conflicts; instinct and character; Freud's three essays on the theory of sexuality. Theoretical discussions are correlated with clinical case material. 1 hour weekly, both semesters.

36 hours.

602 - Introduction to Dream Interpretation

Dr. Mark Kanzer.

Freud's "The Interpretation of Dreams" and "Psychopathology of Everyday Life", will be studied in detail. The course is designed as an introduction to the understanding of functions of the dream. The meaning of symbolism will be discussed. The primary and secondary processes and their functions will be illustrated. 1 hour weekly, both semesters.

36 hours.

603 - General Pathology of The Neuroses

Dr. Ludwig Eidelberg.

In this course will be discussed the structure and concepts of neurotic defense mechanisms such as conversion, projection, introjection, etc. The concept of repression and the problem of the "Choice of Neuroses" will be examined by comparative study of neurotic symptoms. The neurotic character trends and perversions will be discussed. 1st semesters, 1 hour weekly.

18 hours.

604 - Psychoanalytic Theory of Child Development

Dr. Melitta Sperling.

The course of development of the child from infancy to adolescence will be followed in a series of lectures covering early ego stages and the development of the sense of reality; narcissism, autoerotism and early object relationships; aggressive drives and concept of ambivalence; oedipal phase and the difference between male and female psychosexual development; identification processes and the formation of the super-ego. The various stages will be illustrated with clinical material. 1 hour weekly, both semesters.

36 hours.

605 - History of Psychoanalysis

Dr. Jacob Arlow.

The history, development and organization of the psychoanalytic movement will be described. Freud's early concepts and their historical antecedents; hypnotic therapy and the schools of hypnotic suggestion; the early theoretical formulations by Breuer and Freud culminating in the "Interpretation of Dreams"; the evolution of Freud's concept of the topography of the psyche and neurotic symptom formation; the growth and development of psychoanalytic therapy. 1 hour weekly, first semester.

18 hours.

606 - Reading Seminar

Drs. Abraham A. Fabian and Jacob Arlow.

The fundamental papers of Freud on psychoanalysis will be reviewed in detail in order to give the students the basis for methodical study of analytic literature. 90 minutes per week, both semesters.

54 hours.

607 - *Residency in Psychiatry

In an approved psychiatric hospital or clinic.

960 hours.

608 - Supervised Analytically Derived Psychotherapy

Drs. Richard L. Frank, Jacob Arlow, William Console, Abraham A. Fabian, Robert Savitt, Max Schur, Melitta Sperling and Sidney Tarachow.

350 hours.

613 - Personal Analysis

Drs. Sandor Lorand, Ludwig Eidelberg, Jan Frank, Richard L. Frank, Paul Goolker, Mark Kanzer, Sylvan Keiser, Eugene Milch, William Needles, Melitta Sperling and Otto Sperling.

200 hours.

*Not required for candidates in training who have completed three years of residency training in psychiatry.

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SECOND YEAR PROGRAM

701 - Technique of Psychoanalytic Therapy

Dr. Sandor Lorand.

Principles underlying the therapeutic action of analysis; the first interview and management of the beginning phases of analysis; timing and mode of interpretation; transference and counter-transference manifestations and their management, etc. 1 hour weekly, 1st semester.

18 hours.

702 - Interpretation of Dreams

Dr. Jan Frank.

The clinical and therapeutic aspects of the dream. Technique of dream interpretation will be illustrated with clinical material. 1 hour weekly, both semesters.

36 hours.

703 - Psychoanalytic Theory of the Psychoses and their Therapy

Dr. Jan Frank.

Primary and secondary mental processes; the dynamic significance of the primary process in the understanding of the psychoses; dream and delusion; differential diagnostic and prognostic attempts based on dynamic consideration; Bleuler's primary and secondary symptoms in the schizophrenias; the malignant, nuclear type and their differentiation from schizophrenic reactions; the psychological management of the acute psychoses; the modifications in psychoanalytic technique as applied to the psychoses. 1 hour weekly, second semester.

18 hours.

704a - Psychoanalytic Concepts of Adolescence

Dr. Abraham A. Fabian.

The Psychoanalytic concepts of adolescent development and psychopathology. Lectures will be illustrated with clinical material. 1 hour weekly, first semester.

18 hours

704b - Case Seminar on Psychotherapy of Adolescents

Drs. Richard L. Frank, Melitta Sperling and Abraham A. Fabian.

Discussion of student presentation of case material on adolescents currently being treated in the Brief Psychotherapy Clinic. 1 hour weekly, second semester.

18 hours.

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705 - Anthropology

Dr. Warner Muensterberger.

The foundations of the oedipus complex, its variations and modifications; functions and mechanisms of culture and its influence on the structure of personality; brief survey of primitive civilizations and their social organization; endogamy, exogamy, priests, chiefs, the individual and the group; the primary and secondary process in the light of culture and social configurations; application of psychoanalytic theory in anthropology. 1 hour weekly, both semesters.

36 hours.

706 - Reading Seminar

Drs. Eugene Milch and Max Schur.

Reading assignments on works of Freud, Abraham, Ferenczi, Jones and others will be discussed. 90 minutes per week, both semesters.

54 hours.

707 - Continuous Case Seminar

Drs. Sandor Lorand and Sylvan Keiser.

Presentation of case material throughout the seminar year from successive analytic sessions with a specific patient to allow the students to follow the processes of treatment. 1 hour weekly, both semesters.

36 hours.

708 - Supervised Analytically Derived Psychotherapy

Drs. Richard L. Frank, Jacob Arlow, William Console, Abraham A. Fabian, Robert Savitt, Max Schur, Melitta Sperling and Sidney Tarachow.

200 hours.

709 - Supervised Psychoanalytic Therapy

Drs. Sandor Lorand, Ludwig Eidelberg, Paul Goolker, Jan Frank, Richard L. Frank, Sylvan Keiser, William Needles, Eugene Milch.

200 hours.

713 - Personal Analysis

Dr. Sandor Lorand, Ludwig Eidelberg, Jan Frank, Richard L. Frank, Paul Goolker, Mark Kanzer, Sylvan Keiser, Eugene Milch, William Needles, Melitta Sperling and Otto Sperling.

200 hours

THIRD YEAR PROGRAM

801 - Technique of Psychoanalytic Therapy

Dr. Sandor Lorand.

Specific problems in therapeutic techniques and variations in therapeutic approach to special forms of neuroses, character difficulties, compulsion neuroses, depression, etc. Clinical material and problems presented by the student. 1 hour weekly, second semester.

18 hours.

802 - Interpretation of Dreams

Dr. Sylvan Keiser.

Continuation of Course 702. The clinical and therapeutic aspects of the dream; technique of dream interpretation illustrated with clinical material. 1 hour weekly, both semesters.

36 hours.

805 - Clinical Conference

Dr. Ludwig Eidelberg and Richard L. Frank.

Each candidate in training will present for discussion the case material of a patient he is analyzing in the clinic. The class will be expected to participate in the discussion. 1 hour weekly, both semesters.

36 hours.

806 - Reading Seminar

Drs. Paul Goolker and William Needles.

Discussion of student reports on current literature. 90 minutes weekly, both semesters.

54 hours

807 - Continuous Case Seminar

Dr. Sylvan Keiser.

A continuation of the case seminar of the second year. Presentation and discussion of case material from successive analytic sessions with a specific patient. The presented case will be one whose analytic treatment is begun contemporaneously with the seminar so that the student can follow the process of treatment from the first session. The class will take part in the discussion of the problems involved at every session. 1 hour weekly, both semesters.

36 hours.

809 - Supervised Psychoanalytic Therapy

Drs. Sandor Lorand, Ludwig Eidelberg, Paul Goolker, Jan Frank,
Richard L. Frank, Sylvan Keiser, William Needles, Eugene Milch.

500 hours

813 - Personal Analysis

Drs. Sandor Lorand, Ludwig Eidelberg, Jan Frank, Richard L. Frank,
Paul Goolker, Mark Kanzer, Sylvan Keiser, Eugene Milch, William Needles,
Melitta Sperling and Otto Sperling.

200 hours

FOURTH YEAR PROGRAM

905 - Clinical Conference

Dr. Sandor Lorand and Staff.

Continuation of Course 805. 1 hour weekly, both semesters.

36 hours.

910 - Various Trends in Psychoanalysis

Lecturers to be announced.

A survey of the literature of the various schools of thought in
psychoanalysis. First semester.

10 hours.

911 - Methodology

Dr. Richard L. Frank

This course will consider psychoanalytical attempts to encompass the
multi-determined nature of behavior through the use of genetic, structural
and economic hypotheses. Particular attention will be directed to the
scientific issues involved. 1 hour weekly, first semester.

18 hours.

912 - Special Technical Problems in Psychoanalysis

Lecturer to be announced.

Lecturers on ego psychology, problems of dream interpretation and
technique; psychoanalysis and psychosomatic medicine; clinical and techni-
cal problems of termination of treatment; child analysis. Second semester.

10 hours.

913 - Personal Analysis

Drs. Sandor Lorand, Ludwig Eidelberg, Jan Frank, Richard L. Frank,
Paul Goolker, Mark Kanzer, Sylvan Keiser, Eugene Milch, William Needles,
Melitta Sperling and Otto Sperling.

200 hours.

914 - Seminar on Diagnostic Technique

Drs. Richard L. Frank, Jacob Arlow, Abraham A. Fabian, Melitta Sperling
and Otto Sperling.

Diagnostic screening of patients; indications and contraindications
for psychoanalytic treatment. 1 hour weekly, both semesters.

54 hours