

Los Angeles Institute for Psychoanalysis

Annual Report

1953-54

Offices

344 N. Bedford Drive, Beverly Hills, California

Phone: CRestview 1-1368

BOARD OF TRUSTEES

Walter S. Hilborn, *President*

James Allen
David Brunswick, Ph.D.
Frances Deri
Richard D. Evans, M.D.
Hanna Fenichel, Ph.D.
Ralph R. Greenson, M.D.
Ernst Lewy, M.D.

Lincoln Rahman, M.D.
Josephus Reynolds, M.D.
Sybil K. Richardson, Ed.D.
Charles W. Tidd, M.D.
Robert Triest
Carel Van der Heide, M.D.
Jack A. Vatz, M.D.

OFFICERS

Ernst Lewy, M.D., *Director*
Jack A. Vatz, M.D., *Assistant Director and Treasurer*
Richard D. Evans, M.D., *Secretary*

TRAINING SCHOOL

Carel Van der Heide, M.D., *Dean*
Ivan A. McGuire, M.D., *Assistant Dean*

EXTENSION DIVISION

Hanna Fenichel, Ph.D., *Director*

PSYCHOANALYTIC CLINIC

Lincoln Rahman, M.D., *Director*

EXECUTIVE SECRETARY

Diana Howard

THE TRAINING SCHOOL*

Carel Van der Heide, M.D., *Dean*
Ivan A. McGuire, M.D., *Assistant Dean*

Instructors (Training Analysts)

David Brunswick, Ph.D.	Ernst Lewy, M.D.
Frances Deri	Ivan A. McGuire, M.D.
Hanna Fenichel, Ph.D.	Charles W. Tidd, M.D.
Ralph R. Greenson, M.D.	Carel Van der Heide, M.D.
Robert H. Jokl, M.D.	

Lecturers

Richard D. Evans, M.D.	Leo Rangell, M.D.
Lawrence J. Friedman, M.D.	Leonard M. Rosengarten, M.D.
Samuel Futterman, M.D.	H. Michael Rosow, M.D.
Albert H. Held, M.D.	Margarete Ruben
Albert Kandelin, M.D.	Samuel J. Sperling, M.D.
Herbert I. Kupper, M.D.	Jack A. Vatz, M.D.
Lincoln Rahman, M.D.	

Subcommittee on Child Analysis

Margarete Ruben, *Chairman*
Hanna Fenichel, Ph.D.

*The Los Angeles Institute is approved and accredited for training in psychoanalysis by the American Psychoanalytic Association.

BOARD OF SPONSORS

Leo H. Bartemeier, M.D.
James Bennett
Edward Bibring, M.D.
Marie Bonaparte
Douglas Bond, M.D.
Helene Deutsch, M.D.
Paul S. Epstein, Ph.D.
Anna Freud
Maxwell Gitelson, M.D.
Edward Glover, M.D.
Willie Hoffer, M.D.
M. Ralph Kaufman, M.D.

Lawrence S. Kubie, M.D.
Jeanne Lampl de Groot, M.D.
Bertram D. Lewin, M.D.
Rudolph Loewenstein, M.D.
Verne R. Mason, M.D.
Maximilian Obermayer, M.D.
David Rapaport, Ph.D.
Leo Rosten, Ph.D.
Richard F. Sterba, M.D.
Ruth S. Tolman, Ph.D.
Robert Triest

LOS ANGELES INSTITUTE FOR PSYCHOANALYSIS

The Los Angeles Institute for Psychoanalysis was organized in 1946. It is recognized by the American Psychoanalytic Association and is governed by the regulations prescribed in the "Standards for the Training of Physicians of the American Psychoanalytic Association."

The Institute has four principal purposes: first, to train physicians in the theory and practice of psychoanalysis; second, to continue study and research in the science of psychoanalysis; third, to disseminate knowledge of psychoanalysis in other branches of medicine and related fields; fourth, to serve the community—in matters of mental hygiene, in the treatment of the mentally ill, and by cooperation with other agencies.

The Past Year June 1953 - June 1954

During the past year the Institute continued to carry on an active program. As in the past, its main task was the training of psychiatrists in the science and art of psychoanalysis. In this connection, the Education Committee and Faculty have been consistently aware of the need to maintain and improve not only the standards of teaching, but also the methods of selecting both students and teachers.

At the Spring 1954 meeting of the American Psychoanalytic Association in St. Louis, the Board on Professional Standards extended official permanent recognition to the Los Angeles Institute as a fully accredited facility for training in psychoanalysis—the previous recognition having been rendered provisional at the time of the division into two institutes in 1950.

During the past administrative year, Dr. Carel Van der Heide had been elected to the office of Dean of the Training School to replace Dr. Lewy, who resigned from this office. In June of 1954, Dr. Van der Heide was re-elected to this office for a three year period. Dr. Ivan A. McGuire was appointed Assistant Dean of the Training School.

At the Annual Meeting on June 9, 1954, Mr. Walter S. Hilborn was re-elected President, Dr. Richard D. Evans re-elected Secretary and Dr. Jack A. Vatz re-elected Treasurer of the Institute. Dr. Ernst Lewy was re-elected Director of the Institute for a three year term. Dr. Lincoln Rahman was re-elected to the Board of Trustees. Dr. Josephus Reynolds and Mr. Robert Triest were elected members of the Board of Trustees to replace Mr. Robert S. Beasley and Dr. Julius Kahn who resigned.

For the coming year, Dr. Hanna Fenichel was appointed Director of the Extension Division.

In addition, the following committees were appointed:

- Research Committee:** Ivan A. McGuire, M.D., *Chairman*
Hanna Fenichel, Ph.D.
Leonard M. Rosengarten, M.D.
- Finance Committee:** Jack A. Vatz, M.D., *Chairman*
Lawrence J. Friedman, M.D.
Lincoln Rahman, M.D.
Charles W. Tidd, M.D.
- House Committee:** Lawrence J. Friedman, M.D., *Chairman*
- Curriculum Committee:** Ivan A. McGuire, M.D., *Chairman*
Richard D. Evans, M.D.
Lincoln Rahman, M.D.
- Library Committee:** Samuel J. Sperling, M.D., *Chairman*
Carl Sugar, M.D.
- Clinic Committee:** Lincoln Rahman, M.D., *Chairman*
Robert H. Jokl, M.D.
Albert Kandelin, M.D.
- Committee on Revision
of By-Laws:** David Brunswick, Ph.D., *Chairman*
Lawrence J. Friedman, M.D.
Lincoln Rahman, M.D.

Drs. Dorn, Jokl, Leitch, Pastron, Rosengarten, Rosow, Mrs. Ruben and Drs. Shiell, Sugar, Tausend and Wexler were elected to Institute membership during the past year.

Twenty-five members and candidates of the Institute are teaching at the medical schools of the University of California at Los Angeles and the University of Southern California in positions varying from instructorship to professor of psychiatry.

A grant of \$3,240 was received from the U. S. Public Health Service. Of this amount, \$3,000 is for the part-time services of the Clinic Director and \$240 for overhead. Twenty-five per cent of the \$3,000 was transferred to the Institute funds for payment of a part-time secretary (\$750), and \$2,250 was used for payment of the services of the Director of the Psychoanalytic Clinic—this for the period July 1, 1953 to June 30, 1954.

The Institute office was moved to new and larger quarters and additional secretarial help was hired to enable the administrative facilities to keep pace with the growth of the Institute. It was possible, partly with the help of a grant from the Lionel Blitzsten Memorial, to enlarge the Institute library. Further improvements of the organization of the library are planned.

The Training Program

The Training School of the Institute offers a complete program to physicians who desire to specialize in the practice of psychoanalysis. The training is divided into three parts:

1. Preparatory analysis, conducted by the training analysts;
2. Theoretical instruction, by means of lectures and seminars covering the theory and technique of psychoanalysis and its application to psychiatry and related fields;
3. Clinical work supervised by training analysts, consisting of (a) individual, regular consultations regarding the analyses of patients; (b) group conferences on patients in psychoanalytic treatment, conducted by the training analysts.

In order to fulfill these requirements, a three-year period of training is regarded as the necessary minimum.

The Past School Year

Faculty Four new lecturers (Drs. Leonard M. Rosengarten, H. Michael Rosow, Albert Kandelin and Albert H. Held) were appointed. During this academic year, Dr. Ivan A. McGuire served as Assistant Dean. There are now nine training analysts and thirteen lecturers.

A policy regarding the selection, evaluation and appointment of new training analysts was formulated.

Lectures and Seminars Two hundred and sixty-four two-hour seminar sessions were held during the year. In addition, two guest lectures were given for the institute, one by Dr. David Rapaport on Ego Psychology and one by Dr. Max Schur on The Ego in Anxiety.

The fee for seminars was raised from \$2 to \$3 per hour.

Curriculum The Curriculum and List of Required and Collateral Reading were revised in the Spring.

Enrollment In total, forty-two candidates are in training, to-wit: five preseminar, nine juniors, seventeen intermediates, five seniors and six candidates who are in the process of preparing for graduation. At present twenty-nine candidates are undergoing personal analysis. During the year six candidates have started didactic analysis; three terminated their training analysis and two interrupted.

Supervisory Activities In February 1954, the total number of psychoanalyses under supervision in the Institute was fifty-nine. The average number of supervisory sessions per month was two hundred and thirty-three. One supervising analyst in one particular month conducted fifty-two supervisory hours.

Applications The fee for application was raised from \$25 to \$50 and in the future will be payable only if the applicant is called for interviews. During the academic year, thirty-two formal applications were received; twenty-nine were processed and thirteen applicants were accepted. For the previous year, these figures were respectively, thirty-one, thirty and seventeen. At the present time there are seventeen accepted applicants awaiting the start of their training.

Child Analysis The elective training in child analysis, additional to the regular psychoanalytic training, was reorganized. The Subcommittee on Child Analysis (Hanna Fenichel, Ph.D., Chairman, and Margarete Ruben) prepared a report on the history and present status of this program for the American Psychoanalytic Association. In June, Mrs. Ruben was elected Chairman upon Dr. Fenichel's resignation of this position.

Psychoanalytic Clinic

The Institute established the Psychoanalytic Clinic of the Los Angeles Institute for Psychoanalysis on May 5, 1949, with the following purposes:

1. To assist in the training of candidates by providing suitable cases for supervised psychoanalysis.
2. To provide psychoanalytic treatment at low cost.
3. To provide research possibilities for analysts and candidates.

The Clinic at the end of the year had nine patients in psychoanalytic treatment. Four of these were new cases started this year. Since the last report, two patients were able to improve their economic situations and become private cases, and four others either interrupted or terminated treatment.

After passing his first Colloquium, each candidate is now required to treat a Clinic case. He is expected to follow this case through to completion. Weekly supervision by a supervising analyst is provided by the Institute without charge.

The fees paid by the patients have been set within their ability to pay and the average has been \$2.70 an hour.

Until funds and personnel are available for larger range programs, the Clinic is restricting its goal of providing low cost psychoanalytic treatment according to the needs of the training program of the Institute, with the purpose of providing suitable cases for supervised analyses by candidates. All patients before being accepted are interviewed by at least two members of the Clinic Committee; the policy is then to take the didactically most suitable cases first, and not to go by order of application or acceptance. The supervising analyst may also interview the case before treatment is started, if this seems advisable.

In addition, the Clinic during the year has been able to find suitable cases for several candidates who were not required to treat a case free, but who had not been able through their own efforts to obtain a case suitable for supervision.

Extension Division

The Extension Division of the Institute offers instruction in psychoanalytic theory and its applications for selected students who do not intend to use psychoanalysis therapeutically.

Courses in the Extension Division

(These courses are given as the demand arises).

1. Lectures and seminars on psychoanalysis for psychiatrists.
2. Lectures and seminars for physicians, psychologists, psychiatric nurses, social workers, educators and other professional groups.
3. Lectures for the general public.

In addition to courses, the Extension Division organizes "Open Study Group Meetings". During the year 1953-54 the following meetings were held:

1953:

June 26 Bruno Bettelheim, Ph. D.:
A Psychoanalytic Interpretation of Puberty Rites
(Joint Meeting with the Los Angeles Psychoanalytic Society and the Training School of the Institute)

1954:

January 29 Leonard M. Rösengarten, M.D.:
Considerations on the Loyalty of Unfree Men.

February 26 Robert M. Dorn, M.D.:
Some Psychiatric Observations of Prison Correction Work.

April 23 Rocco L. Motto, M.D.:
Our Work at the Reiss-Davis Child Guidance Clinic

May 21 Paul S. Epstein, Ph.D.:
A Review of the Ernest Jones Biography of Freud.
(Joint Meeting with the Los Angeles Psychoanalytic Society)

The Institute hopes, through its Extension Division, to broaden its community and public services even further in the years ahead.

THE INSTITUTE LIBRARY

There are now 635 books in the library of the Los Angeles Institute for Psychoanalysis. There are 660 unbound issues and 39 bound volumes of English journals plus 265 unbound issues and 84 bound volumes of German journals. We are happy to report that we have a complete set of the International Journal of Psycho-Analysis and are missing only 6 issues of the Psychoanalytic Quarterly.

Fifty-seven books were purchased during the year, and ten journals were subscribed to.

A grant of \$500 was made to the library from the Lionel Blitzsten Memorial to be used over a three-year period, providing the fund be matched by the Institute. Thirty-five books have been bought under this plan and \$234.87 of the amount expended.

A number of books and journals have been donated by Miss Estelle Levy and Mrs. Ruth Lachenbruch and some original manuscripts of the late Dr. Ernst Simmel by his son, Edward Simmel.

The Institute greatly appreciates this generous assistance given by the Blitzsten Memorial as well as by Miss Levy, Mrs. Lachenbruch and Mr. Simmel in helping to build up the library.

Library fees collected amounted to \$295 and expenditures exclusive of the Blitzsten grant were \$196.02.

Ernst Lewy, M.D.
Director

**STATEMENT OF FINANCIAL CONDITION
AT MARCH 31, 1954**

A S S E T S

Current Assets

Cash in Bank:

General Fund	\$ 9,124.81
Special Fund Raising Account	5,765.00

14,889.81

Petty Cash Fund	9.60
-----------------	------

TOTAL CURRENT ASSETS	<u>\$ 14,899.41</u>
----------------------	---------------------

Other Assets at Cost

Furniture and Fixtures	\$ 3,868.74
------------------------	-------------

Library	2,887.25
---------	----------

TOTAL OTHER ASSETS	<u>\$ 6,755.99</u>
--------------------	--------------------

TOTAL ASSETS	<u>\$ 21,655.40</u>
--------------	---------------------

LIABILITIES AND SURPLUS

Current Liabilities

Payroll Taxes Payable	\$ 297.42
-----------------------	-----------

Surplus

Balance, April 1, 1953	\$ 18,038.12
------------------------	--------------

<i>Add:</i> Excess of Income over Expenses	3,319.86
--	----------

SURPLUS, March 31, 1954	<u>\$ 21,357.98</u>
-------------------------	---------------------

TOTAL LIABILITIES AND SURPLUS	<u>\$ 21,655.40</u>
-------------------------------	---------------------